CABRILLO COLLEGE STUDENT HEALTH SERVICES (SHS)
Blood-Borne Pathogen (BBP) Post-Exposure Procedure for Students and Staff

- This procedure is to be followed by students working in clinical settings that deem them “employees” according to Cabrillo College worker’s comp policy, including ALH students working at off-campus clinical sites and DH students treating patients in the on-campus dental clinic. These individuals must report their injuries to Sue Torres, who will initiate a worker’s comp claim.
- In cases where ALH students sustain a sharps injury and possible BBP exposure when who are practicing clinical skills on other ALH students, both the injured and source students can report to Student Health Services initially for assessment (health history and blood draws). SHS will most likely refer these students for follow-up care. Sandi Moore will be contacted via the Accident and Injury Report Form, and will initiate a student injury claim as indicated.

A. Immediate Post-Exposure Procedure
- **Contaminated-sharps injury or contact with non-intact skin:** Wash area immediately with soap and water, expressing blood from the wound if possible.
- **Mucus membrane splash:** Flush area with copious amounts of water.
- **Non-contaminated sharps injuries** (ie, sticks from sterile needles): Clean with soap and water, and bandage. *No further medical evaluation or work-up is recommended or required,* but a Sharps Injury Log and Report Form for Occupational Exposure (attached) **must be turned in within one week** to Student Health Services (SHS).

B. Post-Exposure Care
- **Exposure off campus**
  - Infection control nurse or emergency department (ED) lab at clinical site can perform evaluations (including blood draws for HIV and hepatitis status and medical history), but not prophylactic treatment for the injured student/faculty and/or source patient; THEREFORE
  - Send exposed student/faculty and source patient to a designated work-related-injury provider (see item D below) for evaluation, blood draws, and possible prophylactic treatment. Do not send student/staff to SHS. (SHS is not able to treat exposure to BBPs)
    - The clinical instructor/preceptor/coordinator should call the receiving facility to let them know the exposed student (and possibly source patient) is on the way and is authorized to be evaluated and possibly receive treatment. Counseling, evaluation, and blood draw should occur within 2 hours of the exposure incident.
  - If the source patient refuses or prefers not to go to the ED or a designated work-related injury provider, the source patient’s blood sample (2 SST tubes and 1 lavender-top tube) and pertinent medical history can be sent along with the injured student to the ED or designated work-related injury provider.
- **Exposure on campus**
  - Send exposed student/faculty and source patient to a designated work-related-injury provider (see item D below) for evaluation, blood draw, and possible treatment. Do not send student/staff to SHS. (SHS is not set up to treat exposure to BBPs)
    - The clinical instructor should call the receiving facility to let them know the exposed student (and possibly source patient) is on the way and is authorized to be evaluated and possibly receive treatment. Counseling, evaluation, and blood draw should occur within 2 hours of the exposure incident. Prophylaxis for possible HIV exposure should ideally occur within 1-2 hours of exposure.
  - EXCEPTION #1: If the source patient refuses or prefers not to go to the designated work-related injury provider, the source patient can be walked to Student Health Services and his or her blood can be drawn there. The blood sample (2 SST tubes and 1 lavender-top tube), lab requisition, pertinent medical history, as well as source patient paperwork (see item C below), will be sent, along with the injured student/staff, to the designated work-related injury provider.
    - If the source patient is unwilling to come to SHS, a SHS nurse, if available, will go to the on-campus clinical setting to interview the source patient and perform a blood draw. If the source
patient’s blood cannot be transported to a designated work-related injury provider, SHS will process the blood at no cost through their contracted lab and will follow up with the injured student or staff member regarding lab results.

- EXCEPTION #2: SHS can draw blood to determine the injured student or staff’s HIV and hepatitis status if the injured/exposed person prefers not to initiate a worker’s compensation claim. Regular blood draw and lab fees will be charged to the injured/exposed person.

C. Paperwork and Follow Up

IN ALL ABOVE SCENARIOS, IT IS ESSENTIAL THAT SUE TORRES BE CONTACTED WITHIN 48 HOURS TO ISSUE A WORKER’S COMPENSATION PACKET TO THE INJURED/EXPOSED PERSON. HOWEVER: DO NOT DELAY TREATMENT IN ORDER TO CONTACT SUE!

- Note: Students are treated as employees in the event of a BBP exposure incident, and claims for any medical procedures, ED visits, etc, will be submitted though worker’s compensation. Sue Torres, Benefits Analyst at Cabrillo College Human Resources, will oversee these claims. Sue will need information from both the student and the supervising instructor to process worker’s compensation claims. **Please call Sue at 479-6182 within 48 hours of the incident to initiate a claim.**

- In addition, Debora Bone, Director of Allied Health Programs, should be notified either via email or a phone call within 48 hours of any BBP exposure.

- Sharps Injury Log forms are reviewed monthly by the Cabrillo College Safety Committee.

- Additional paperwork in this packet includes:
  - Report Form for Occupational Exposure Incident (MUST SEND copy to SHS)
  - Sharps Injury Log (MUST SEND copy to SHS)
  - Source Consent Form for Occupational Exposure Incident (to accompany student to designated work-related-injury provider)
  - Source Patient Authorization for Disclosure by Healthcare Provider (to accompany student to designated work-related-injury provider)

D. Local Designated Work-Related-Injury Providers (contact Sue Torres at 479-6182 for other approved providers):

- Dominican Hospital Emergency Department, 1555 Soquel Dr, Santa Cruz, CA 95065, (831) 462-7700
- Santa Cruz Occupational Medical Clinic, 610 Frederick Street, Santa Cruz, CA 95062, (831) 457-7118
- Watsonville Community Hospital Emergency Department, 75 Nielsen Street, Watsonville, CA 95076, (831) 724-4741
- Pinnacle Urgent Care, 1820 Main St, Watsonville, CA 95076, (831) 728-1199
- Community Hospital of the Monterey Peninsula, 23625 Holman Highway, Monterey, CA 93940, (831) 625-4900
- Saint Louise Regional Hospital, 9400 No Name Uno, Gilroy, CA 95020, (408) 848-2000

If Sue Torres is not in her office at the time of a BBP exposure incident, contact either Barbara Shingai (479-6261) or Diane Goody (477-5618). Either one can assist you with the incident and the claim.