August 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4	5	6	7	8	9
10	11	12 Physicals @ Cabrillo in gym 6pm	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27 TEAM MEETING At the baseball Field 5:00	28	29	30
31 1st day of School Pe 40 2:00- 4:05		Pe 40 2:00- 4:05	Ath 10 3:00-4:55	Pe 40 2:00- 4:05		

Notes:

All student athletes required to have one

Physicals will be available @ Student

Health Center in Sept.

Be ready to go 1st day

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September 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Wgt Room 4:00-4:45	**2** Pe 40 2:00-4:05 Wgt Room 5:00-5:45	**3** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**4** Pe 40 2:00-4:05	**5** OFF	**6** OFF
7 Labor Day OFF	**8** Wgt Room 4:00-4:45	**9** Pe 40 2:00- 4:05 Wgt Room 5:00-5:45	**10** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	Pe 40 2:00- 4:05	**12** Last Day to add or drop	**13** OFF
14 Pe 40 2:00- 4:05	**15** Wgt Room 4:00-4:45	**16** Pe 40 2:00- 4:05 Wgt Room 5:00-5:45	**17** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**18** Pe 40 2:00- 4:05	**19** Scrimmage vs. Hartnell 11am	**20** OFF
21 Pe 40 2:00- 4:05	**22** Wgt Room 4:00-4:45	**23** Pe 40 2:00- 4:05 Wgt Room 5:00-5:45	**24** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**25** Pe 40 2:00- 4:05	**26** Scrimmage at Los Medranos 11am	**27** HS Camp Skills Camp 11-2
28 Pe 40 2:00- 4:05	**29** Wgt Room 4:00-4:45	**30** Pe 40 2:00- 4:05 Wgt Room 5:00-5:45				

Notes:

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October 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**2** Pe 40 2:00- 4:05 Setup Monte Fireworks	**3** League Ump Clinic 2 ball day 9-11 at Cabrillo	**4** Cleanup Fireworks SO showcase @ Sac St
5 Pe 40 2:00- 4:05	**6** Wgt Room 4:00-4:45	**7** Pe 40 2:00- 4:05 Wgt Room 5:00-5:45	**8** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**9** Pe 40 2:00- 4:05	**10** Scrimmage at CSUMB 11am	**11** OFF
12 Columbus Day Pe 40 2:00- 4:05	**13** Wgt Room 4:00-4:45	**14** PE 40 2:00-4:05 Wgt Room 5:00-5:45	**15** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**16** Pe 40 2:00- 4:05	**17** Scrimmage at CSU East Bay 11am	**18** OFF
19 Pe 40 2:00- 4:05	**20** Wgt Room 4:00-4:45	**21** Pe 40 2:00- 4:05 Wgt Room 5:00-5:45	**22** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**23** Pe 40 2:00- 4:05	**24** Scrimmage Home vs. SJCC 11am	**25** HS CAMP Pitching/Catching 11-2
26 Pe 40 2:00- 4:05	**27** Wgt Room 4:00-4:45	**28** Pe 40 2:00- 4:05 Wgt Room 5:00-5:45	**29** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**30** Pe 40 2:00- 4:05	**31** Scrimmage at West Hills 11am	OFF

Notes:

We'll break into groups for this fund raiser

Some of you may be working this camp

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November 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 Pe 40 2:00- 4:05	**3** Wgt Room 4:00-4:45	**4** Pe 40 2:00- 4:05 Wgt Room 5:00-5:45	**5** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**6** Pe 40 2:00- 4:05	**7** Scrimmage vs. CSUMB 11am	**8** OFF
9 No School Scrimmage vs. SJCC 12:00	**10** Wgt Room 4:00-4:45	**11** Veterans Day Pe 40 2:00- 4:05 Wgt Room 5:00-5:45	**12** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**13** Pe 40 2:00- 4:05	**14** Scrimmage at Ohlone 11am 14 inning	**15** HS CAMP Fielding Camp 11-2
16 Pe 40 2:00- 4:05	**17** Wgt Room 4:00-4:45	**18** Pe 40 2:00- 4:05 Wgt Room 5:00-5:45	**19** Ath 10 3:00-4:55 Wgt Room 5:10-5:45	**20** Pe 40 2:00- 4:05	**21** Scrimmage Game 2/3 black/blue Deadline to withdraw from classes	**22** OFF
23 TBA	**24** TBA	**25** TBA	**26** Thanksgiving Day	**27** OFF	**28** OFF	**29** OFF
30 Pe 40 2:00-4:05						

Notes:

Final Day of Fall Scrimmages

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December 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2 Pe 40 2:00- 4:05	3 Ath 10 3:00-4:55	4 Pe 40 2:00- 4:05	5 OFF	6 OFF
7 TBA	8 TBA	9 TBA	10 TBA	11 TBA	12 OFF	13 HS CAMP Hitting Camp 11-2
14 TBA	15 TBA	16 TBA	17 TBA	18 TBA	19 OFF	20 OFF
21 OFF	22 OFF	23 OFF	24 OFF	25 Christmas Day	26 OFF	27 OFF
28 OFF	29 OFF	30 OFF	31 OFF			

Notes:

Finals Week

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