THE DECLINE OF NEATNESS

NORMAN COUSINS

Norman Cousins (1915–1990) was editor of the Saturday Review for 35 years and continued as chair of its editorial board after 1976. A holisitic health pioneer, he served on the medical faculty at UCLA from 1978 until his death. Cousins wrote 25 books and numerous essays on a wide range of subjects, including Talks with Nehru (1951), Who Speaks for Man? (1953), and Present Tense (1967). More recently, The Celebration of Life (1974) and The Anatomy of Illness (1979) describe his experiences with and recovery from an illness that doctors told him was fatal. Cousins received the Albert Schweitzer Prize for Humanitarianism in 1990 for his efforts on behalf of international peace. In the 1990 Time essay reprinted below, Cousins explains the connections he sees among casual dress, slovenly speech, and insensititivity to brutality.

Anyone with a passion for hanging labels on people or things should have little difficulty in recognizing that an apt tag for our time is the Untempt generation. I am not referring solely to college kids. The sloppiness virus has spread to all sectors of society. People go to all sorts of trouble and expense to look uncombed, unshaven, unpressed.

The symbol of the times is blue jeans—not just blue jeans in good condition but jeans that are frayed, torn, discolored. They don’t get that way naturally. No one wants blue jeans that are crisply clean or spanking new. Manufacturers recognize a big market when they see it, and they compete with one another to offer jeans that are made to look as though they’ve just been discarded by clumsy house painters after ten years of wear. The more faded and seemingly ancient the garment, the higher the cost. Disheveled is in fashion; neatness is obsolete.

Nothing is wrong with comfortable clothing. It’s just that current usage is more reflective of a slavish conformity than a desire for ease. No generation has strained harder than ours to affect a casual, relaxed, cool look; none has succeeded more spectacularly in looking as though it had been stamped out by cookie cutters. The attempt to avoid any appearance of being well groomed or even neat has a quality of desperation about it and suggests a calculated and phony deprivation. We shun conventionality, but we put on a uniform to do it. An appearance of alienation is the triumphant goal, to be pursued in oversize sweaters and muddy sneakers.

Slovenly speech comes off the same spool. Vocabulary, like blue jeans, is being drained of color and distinction. A complete sentence in everyday speech is as rare as a man’s tie in the swank Polo Lounge of the Beverly Hills Hotel. People communicate in chopped-up phrases, relying on grunts and chants of “you know” or “I mean” to cover up a damnable incoherence. Neatness should be no less important in language than it is in dress. But spew and sprawl are
taking over. The English language is one of the greatest sources of wealth in the world. In the midst of accessible riches, we are linguistic paupers.

Violence in language has become almost as casual as the possession of handguns. The curious notion has taken hold that emphasis in communicating is impossible without the incessant use of four-letter words. Some screenwriters openly admit that they are careful not to turn in scripts that are devoid of foul language lest the classification office impose the curse of a C (general) rating. Motion-picture exhibitors have a strong preference for the R (restricted) rating, probably on the theory of forbidden fruit. Hence writers and producers have every incentive to employ tasteless language and gory scenes.

The effect is to foster attitudes of casualness toward violence and brutality not just in entertainment but in everyday life. People are not as uncomfortable as they ought to be about the glamorization of human hurt. The ability to react instinctively to suffering seems to be atrophying. Youngsters sit transfixed in front of television or motion-picture screens, munching popcorn while human beings are battered or mutilated. Nothing is more essential in education than respect for the frailty of human beings; nothing is more characteristic of the age than mindless violence.

Everything I have learned about the educational process convinces me that the notion that children can outgrow casual attitudes toward brutality is wrong. Count on it: if you saturate young minds with materials showing that human beings are fit subjects for debasement or dismembering, the result will be desensitization to everything that should produce revulsion or resistance. The first aim of education is to develop respect for life, just as the highest expression of civilization is the supreme tenderness that people are strong enough to feel and manifest toward one another. If society is breaking down, as it too often appears to be, it is not because we lack the brainpower to meet its demands but because our feelings are so dulled that we don’t recognize we have a problem.

Untidiness in dress, speech and emotions is readily connected to human relationships. The problem with the casual sex so fashionable in films is not that it arouses lust but that it deadens feelings and annihilates privacy. The danger is not that sexual exploitation will create sex fiends but that it may spawn eunuchs. People who have the habit of seeing everything and doing anything run the risk of feeling nothing.

My purpose here is not to make a case for a Victorian decorum or for namby-pambyism. The argument is directed to bad dress, bad manners, bad speech, bad human relationships. The hope has to be that calculated sloppiness will run its course. Who knows, perhaps some of the hip designers may discover they can make a fortune by creating fashions that are unfrayed and that grace the human form. Similarly, motion-picture and television producers and exhibitors may realize that a substantial audience exists for something more appealing to the human eye and spirit than the sight of a human being hurled through a storefront window or tossed off a penthouse terrace. There might even be a salutary response to films that dare to show people expressing genuine love and respect for one another in more convincing ways than anonymous clutching and thrashing about.

Finally, our schools might encourage the notion that few things are more rewarding than genuine creativity, whether in the clothes we wear, the way we communicate, the nurturing of human relationships, or how we locate the best in ourselves and put it to work.