

Cabrillo College

Spring Courses in Human Services

Learn new skills to help you advance your education
and your career!

HSERV 51 Practices the Human Services 3 Units

Focuses on understanding and implementing appropriate interventions, technologies, and strategies for the delivery of Human Services. Practical knowledge in case management, referral, home visitation, alcohol and drug abuse, HIV, STD, abuse, neglect, gerontology, disability, and other issues.

Transfer Credit: Transfers to CSU.

Learn how can you be your best with helping people grow, change and better their lives.

2-Sections!

Meets Wednesdays, 2:50PM - 6:00PM

HSERV 52 Introduction to Counseling and Case Management 3 Units

Provides an introduction to the basic theories and techniques of interviewing, counseling, and case management in the Human Services. Explores the counseling process, compares theoretical approaches, and discusses ethical issues in service provision.

Meets Tuesdays from 2:50 p.m. to 6:00 p.m.

HESRV 53 Techniques of Group Counseling in the Human Services 2Units

Provides an orientation to group dynamics, leadership, and intervention strategies in a variety of Human Service settings.

Meets Wednesdays from 6:10 p.m. to 9:20 p.m.

HSERV 59D Introduction to Human Aging– Developmental Theories and Demographics

1 Unit

Studies demographics, developmental theories, trends and experiences of aging populations and discusses policy issues affecting older adults. Provides an interdisciplinary, biological and psycho-social introduction and overview of aging.

Meets in Scotts Valley, Thursdays, 3 pm. To 6 p.m. for 5 weeks, 2/12-3/12.

HSERV 59E Introduction to Human Aging–Psycho-Social Issues 1 unit

Studies psychological, emotional, social and cultural theories, trends and experiences of the aging process. Provides an interdisciplinary, psycho-social and biological introduction and overview of aging.

Meets in Scotts Valley, Thursdays, 3 pm. To 6 p.m. for 5 weeks, 3/19-4/23

HSERV 59F Introduction to Human Aging–Policies and Service Provision 1 Unit

Studies relationship dynamics with older adults and the successful provision of services to this population.

Meets in Scotts Valley, Thursdays, 3 pm. To 6 p.m. for 5 weeks, 4/30-5/28

HSERV 99SL Service Learning/Work Experience Education

HSERV 162 Physiology and Pharmacology: Alcohol and Other Drugs 1 Unit

Studies the action and effects of alcohol and other psychoactive drugs, including opiates, stimulants, depressants, psychotherapeutics, and psychedelics on the body's organs and systems, behavior, cognition, and emotion.

Meets Mondays, 6:10 to 9:20 p.m.

HSERV 163 Alcohol and Other Drugs: Education and Prevention Strategies 1 Unit

Provides insight and practice in the development of the educational component of alcohol and other drug treatment programs.

Meets 1 weekend 4/4-4/5.

HSERV 174 Fundamentals of Children's Mental Health 3 Units

Introduces the principles and theories of infant, toddler and children's mental health and mental illness.

Meets Thursdays, 4 to 7:10 p.m.

For more information or to register go to:

www.cabrillo.edu/

Or

Call (831) 479-6100 or 479-6210

Did you know?

Cabrillo College's Human Services Program received high praise across the board in last Falls' focus group research for Santa Cruz County's MSHA Workforce Education and Training component!