

Patient Initials:  
Rm #:

Cabrillo College  
**Clinical Preparation Sheet - Part 1**

Student:  
Date(s) of Care:

**Pathophysiology**

On the back of this sheet or a separate paper, describe in writing or by drawing a concept map the pathophysiology of the chief complaint and the admitting disease process. Include, if you can, how the patient's other chronic illnesses or conditions PMH (*prior medical history*) contributes to or affects the primary diagnosis. Compare and contrast **your patient** to the textbook description of the clinical manifestations, diagnostic procedures, medical and nursing care.

Date of admission: Age: Doctors: Allergies: Diet: Activity Order: Code Status:	Chief complaint:  Admitting diagnosis:  Date and type of surgery:
lab ordered for date(s) of care :  IV type & site: IV solution & rate: Other:	PMH / Chronic conditions:  Other disciplines involved in care of client (e.g. respiratory, physical or occupational therapy, social service, etc.)

Significant abnormal lab values	Why are they abnormal?	How are they being corrected?
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____

Diagnostic Procedures	Purpose (if unfamiliar to you)	Patient Prep & Post Care	Results
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

Tubes, lines, drains or treatments	Purpose (if unfamiliar to you)	Nursing assessment/documentation
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____



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### Clinical Work Sheet

Neuman System Variables	Assessment Date/Time	Physiological (Systems Review)	Assessment Date/Time	
<b>Psychological</b>		<b>NEURO</b>		Ht/Wt
Coping methods		LOC		<b>INTAKE</b> Type      Amt
Mood/Affect		Wakefulness		
Cognitive abilities		Orientation		
Attitudes		Speech		
Values		Follows commands		
Memory		Pupils		
Thought content		Swallow		
Hallucinations				
Agitation		<b>MUSC-SKELETAL</b>		
		Extremity Strength		
<b>Developmental</b>		Sensation		
Developmental stage		ROM		
Maturational events		Activity / Gait		
Significant life events				
Transitions stressors		<b>CARDIO</b>		
Role		Heart Sounds		
		Pulses		
		Edema		
		Capillary Refill		
<b>Sociocultural</b>		Jugular Vein Distention		Last BM _____ Dressings & Wound Care
Access to healthcare				FSBG      Insulin
Family resources		<b>PULM</b>		<b>Other Treatments</b>
Economic status		O <sub>2</sub> amt/mode		
Family structure		O <sub>2</sub> Saturation		
Ethnic-cultural		Respiratory effort		
Language		Lung Sounds		
Literacy		Cough/Secretions		
		Chest Tubes		
<b>Spiritual</b>				
Religious beliefs		<b>GI</b>		
Spiritual values		Abdomen		
Hopefulness		Bowel Sounds		
		Appetite / % eaten		<b>Safety Issues</b> Restraints
<b>Physiological</b> (start systems review)				Fall precautions
<b>SKIN</b>		Nausea/vomiting		HOH
Color/Temp/Turgor		Tube feeding: type/site		Poor vision
Braden score/stage		Other tubes/drains		other
Hydration		<b>GU</b>		
IV site		Urine description		
		Catheter		

Vital Signs      Time                      Time                      Time                      Today's lab results

BP  
HR  
RR  
Temp  
Pain