

Application of a Cervical Collar

Student's Name: _____

Date: _____

√	Performance Step(s)	Comment(s)
	Take BSI precautions.	
	Approach the patient from the front, instructing them not to move.	
	Maintain manual cervical stabilization.	
	Explain the procedure to the patient and gain consent to treat.	
	Evaluate pulses, motor function and sensation (PMS) in all extremities.	
	Measure the collar for a proper fit according to manufacturer's instructions.	
	Angle the collar for proper placement.	
	Check for proper fit.	<i>The collar should not hyperextend the neck or fit so snugly that it constricts the airway.</i>
	Reassess pulses, motor function and sensation (PMS) in all extremities.	<i>Maintain manual stabilization until patient is fully immobilized.</i>