

Administration of Nitroglycerin

Student's Name: _____

Date: _____

√	Performance Step(s)	Comment(s)
	Consult with medical direction or local policies and procedures.	
	Take BSI precautions.	
	Check medication for its expiration date, and ask the patient when the container was first opened. Inquire about how the medication has been stored.	
	Find out when the patient last took nitro.	
	Check the 5 rights of drug administration.	<i>Right patient, drug, dose, route, time</i>
	Place patient in a comfortable position.	
	If Tablet available: Remove oxygen mask. Ask patient to open mouth and to lift tongue. Place tablet under the patient's tongue. Ask them to let the nitro dissolve under their tongue and to not swallow for a few minutes.	
	If Spray available: DO NOT shake canister Ask patient to open mouth Spray on or under tongue Ask patient to wait at least 10 seconds before swallowing	
	Retake the patient's blood pressure within 2 minutes.	<i>If the patient becomes light headed, less responsive or their blood pressure drops, immediately place the patient supine and consider elevation of the patient's legs.</i>
	If pain persists after five minutes consult with medical direction or local policies and procedures.	<i>In some EMS systems multiple doses of nitroglycerin can be administered.</i>
	Document findings.	

