

### Rapid Extrication

Student's Name: \_\_\_\_\_

Date: \_\_\_\_\_

√	Performance Step(s)	Comment(s)
	Take BSI precautions.	
	Position a rescuer in the rear seat and maintain cervical spinal immobilization.	
	Perform an initial assessment of the patient to assure that this is a high priority patient and this is the most appropriate immobilization technique to use.	
	Apply the cervical collar and make sure the other three rescuers are properly positioned. One on each side of the patient and one outside the vehicle ready with the long backboard.	
	Carefully start the quarter turn until the rescuer holding the head is unable to turn any further then stop the turn.	
	Carefully transfer the head and neck immobilization to a rescuer outside the vehicle and on their command complete the quarter turn so that the patient is now seated on the backboard perpendicular to the steering wheel.	
	Lay the patient down onto the long backboard making sure that the head and neck immobilization is always maintained and the chest and armpits are fully supported.	
	Upon the command of the rescuer holding head and neck stabilization slide the patient into position on the long backboard and apply the torso straps and then the foam head blocks.	
	Carefully remove the patient on the long backboard from the vehicle to complete the assessment of PMS and any other additional assessment and management prior to transport.	
	Document the procedure.	