

### Spine Immobilization Supine Patient

Student's Name: \_\_\_\_\_

Date: \_\_\_\_\_

√	Performance Step(s)	Comment(s)
	Take BSI precautions.	
	Direct assistant to place or maintain patient's head in neutral, in-line position.	
	Evaluate pulse, movement and sensation in extremities (PMS).	
	Apply properly fitted cervical collar.	
	Position a long spine board parallel to patient.	
	Roll patient onto his side without movement of the spine, pulling spine board under the patient.	
	Roll patient back to supine position on top of the spine board.	
	Move patient to proper position on the device as a unit.	
	Pad any voids between the torso and the board as necessary.	
	Secure the patient's body to the spine board, placing straps across the upper chest, pelvis and ankles.	
	Evaluate and pad under the patient's head as necessary.	
	Secure the patient's head to the device.	
	Secure the arms of the patient to prevent injury.	
	Reassess pulse, movement, and sensation in extremities (PMS).	
	Document that your patient was placed in spinal immobilization.	