

Bag-Vale Mask Ventilation, Two-Person Technique

Student's Name: _____

Date: _____

√	Performance Step(s)	Comment(s)
	Take BSI precautions.	
	Ensure that the equipment is operational.	<i>If the bag seems to be damaged or when squeezed it does not fill completely, consider using another bag.</i>
	The patient should be in a supine position.	
	Position yourself at the head of the patient.	
	Use a manual maneuver to open the airway.	
	Visualize the airway for possible obstructions and suction, if necessary.	<i>Do not ventilate a patient with fluid in their pharynx.</i>
	Insert an OPA or NPA if available.	<i>Ensure proper sizing.</i>
	1 st EMT-B centers the mask on the patient's face so the triangle is over the bridge of the patient's nose, and the larger portion of the mask is placed between the lower lip and the chin. While holding the mask firmly in place, place your thumbs over the topside of the mask and place your little, ring, middle and index fingers under the patients jaw, near the angle of the jaw. Simultaneously using the index, middle, ring and little fingers, pull the jaw up towards the mask.	<i>If the patient has a mustache or beard, there are no differences in this procedure.</i>
	The 2 nd EMT begins squeezing the bag slowly at the desired breaths per minute. Ventilations should be delivered at a minimum of once every 5 seconds in adults and once every 3 seconds in children and infants.	<i>Each ventilation should be delivered over 2 seconds in adults and 1 to 1.5 seconds for children and infants. Excess pressures can cause gastric distension, vomiting, and the possibility of aspiration.</i>

	If not already attached the BVM should be attached to oxygen cylinder as soon as possible and placed at the highest possible liter flow.	
	Visualize the chest for chest rise on each ventilation.	<i>Consider auscultation as soon as possible to ensure ventilations.</i>
	Feel the compliance (ease of ventilation) of the bag on each ventilation.	
	If no chest rise during ventilation, consider an airway obstruction.	
	Document use and proper ventilations.	