

Detailed Physical Exam

Student's Name: _____

Date: _____

| √ | Performance Step(s) | Comment(s) |
|---|---|--|
| | Take BSI precautions. | |
| | Expose the patient. | <i>Protect modesty if possible.</i> |
| | Inspect and palpate the scalp and cranium for DCAP-BTLS plus crepitation. | |
| | Inspect the ears and nose for DCAP-BTLS, plus bleeding or clear fluid drainage. | |
| | Inspect the mouth for DCAP-BTLS, plus loose or broken teeth, foreign objects, swelling or lacerations of the tongue, and unusual odors. | |
| | Check the eyes for DCAP-BTLS plus pupil size and reactivity, discoloration or bleeding in the anterior chamber of the eye. | |
| | Inspect and palpate the neck for DCAP-BTLS, plus jugular vein distention, midline trachea, and crepitation of the cervical bones. | |
| | Inspect, palpate and auscultate the chest for DCAP-BTLS, plus crepitation, paradoxical motion, and breath sounds. | |
| | Inspect and palpate the abdomen for DCAP-BTLS, plus firmness, softness, distention, and masses. | |
| | Inspect and palpate the pelvis for DCAP-BTLS plus pain, tenderness, motion, and crepitation. | <i>Apply gentle pressure anteriorly and laterally, but do not rock the pelvis.</i> |
| | Inspect and palpate all four extremities for DCAP-BTLS, plus distal pulse, motor function, and sensation. | |
| | Inspect and palpate the posterior torso and buttocks for DCAP-BTLS. | <i>Often done while log rolling the patient to a spine board.</i> |
| | Treat any injuries discovered in the detailed physical exam. | |