

Head-tilt, Chin-lift Maneuver

Student's Name: _____

Date: _____

√	Performance Step(s)	Comment(s)
	Take BSI precautions.	
	Place the patient in the supine position.	
	Place yourself to the side of the patient if possible.	
	Place the palm of one hand on the patient's forehead and using the fingers of your other hand, place them under the bony part of the lower jaw near the chin.	
	While applying pressure down on the forehead, simultaneously using the fingers of the other hand lift the jaw upward, bring the chin forward. Do this until the teeth of the lower mouth almost touch the teeth of the upper.	<i>Try not to close mouth during maneuver</i>
	Assess for breathing and ventilate as needed.	
	Document procedure and findings.	