

Pocket Mask

Student's Name: _____

Date: _____

√	Performance Step(s)	Comment(s)
	Take BSI precautions.	
	Place yourself at the head end of the patient if possible.	
	Open the airway.	
	Clear airway if necessary.	<i>Suction as necessary.</i>
	Insert oropharyngeal or nasalpharyngeal airway if available.	
	Connect oxygen tubing to pocket mast oxygen inlet. Turn oxygen regulator liter flow gauge to 15 liters per minute.	
	Center the pocket mask on the patient's face so the triangle is over the bridge of the patient's nose, and the larger portion of the mask is placed between the lower lip and the chin.	
	While holding the mask firmly in place, place your thumbs over the topside of the mask and place your little, ring, middle and index fingers on the patient's mandible near the angle of the jaw. Simultaneously using the index, middle, ring and little fingers, pull the jaw up towards the mask.	
	While making a seal with the mask to the patient's face, take a deep breath and exhale into the one-way-valve at the top of the mask.	<i>Adult ventilation should be delivered over a 1 to 2 second period and the rate of ventilations should be at least 1 breath every 5 seconds. Children / infants ventilations should be delivered over 1 to 1 1/2 seconds and a rate of ventilation's should be at least 1 breath every 3 seconds.</i>
	Remove your mouth from the one-way-valve during each exhalation.	

	<p>If the patient does not have a pulse and both ventilations and compressions are necessary, perform CPR as usual. If alone consider using the attached head strap on the pocket mask to assist in maintaining alignment of the pocket mask on the patient.</p>	
	<p>Document the procedure.</p>	