

Sellick's Maneuver

Student's Name: \_\_\_\_\_

Date: \_\_\_\_\_

√	Performance Step(s)	Comment(s)
	Take BSI precautions.	
	Ensure that the patient is in the supine position.	
	Place head in neutral position.	
	Find the cricoid cartilage.	
	Place the thumb and index finger on this location.	
	Apply firm, but gentle posterior pressure. Using the thumb and index finger of one hand, apply pressure to the anterior and lateral aspects of the cricoid cartilage, just next to the midline.	
	Document procedure.	