

Sling and Swathe Immobilization

Student's Name: _____

Date: _____

| √ | Performance Step(s) | Comment(s) |
|---|---|--|
| | Take BSI precautions. | |
| | Prepare the sling by folding the cloth into a triangle. | |
| | Explain the splinting procedure to your patient, gaining his or her consent to apply a sling and swathe. | |
| | Direct a second rescuer to apply manual stabilization of the bones above and below the injury site. | |
| | Assess distal pulses, motor function, and sensation (PMS). Position sling under the injured arm and tie behind the neck. | |
| | If you do not suspect a spinal injury, draw up the ends of the bandage until the hand is several inches above the elbow. | |
| | Tie the two ends of the sling together. | |
| | Reassess distal pulses, motor function and sensation (PMS). | |
| | Immobilize the shoulder girdle and upper extremity by tying a swathe around the chest and injured arm with another bandage. | <i>A pillow or pad can be placed under the arm for comfort</i> |
| | Reassess distal pulses, motor function and sensation (PMS). | <i>Be sure device does not constrict distal circulation</i> |
| | Document the procedure. | |