

Exploring Abilities II

Department: Counseling and Recreation

Priority: Core class—required for all entering students

Overall purpose of class:

Exploring Abilities II continues the process of orienting students to the Center, to their conditions, to community resources and to the micro community that has formed within the walls of the Center. The develop independence in choosing resources and community activities. Their sense of belonging to the Center's community is solidified. Leaders tend to emerge in this class, who become effective mentors to newcomers and to others in the program.

Number of classes held per week:

3-4 sections are offered per week

Optimum class time:

Morning

Instructor requirements:

One counselor

Number of students:

Up to 12

Student ability range and limitations:

All students regardless of ability take this course.

Space and Equipment requirements:

- Room that will accommodate 15-16 people.
- A minimum of 10 very comfortable chairs and space for 5 wheelchairs
- Television with DVD player
- Video capability to capture discussions of topics that will help other students.

Student Needs to be met from the perspective of the instructor:

All students take this class so that they can effectively participate in and take advantage of the Center's program and activities.