

Multi Cultural Activities

Department: Counseling and Recreation

Priority: Elective class

Overall purpose of class:

A leisure skill class composed of a number of challenging games from a variety of cultures. The class is designed to facilitate cognitive and occupational skills by challenging students to think and make decisions in a social context. Perception, sequencing, memory and frustration tolerance are learned and practiced in an entertaining as well as a challenging social setting.

Number of classes held per week:

Three times per week

Optimum class time:

Any time is appropriate

Instructor requirements:

Supervised and/or taught by Recreational Therapist

Number of students: 20

Student ability range and limitations:

All levels of students can participate.

Space and Equipment requirements:

Large space that can accommodate 5 card tables and chairs including ample space for wheelchair mobility.

Wide variety of games with adaptations available for assisted vision and motor challenges such as large format playing cards, card holders, guided frames for dominoes, oversized pegs etc.

Student Needs to be met from the perspective of the instructor:

This is a great class for students who want to establish new friends or spend structured social time with others. Students who need lots of repetitive skill building in perception, motor skills, and frustration tolerance will be recommended for this class.

Typical Student Goals that lead to placement in the class:

Students may request this class who have a history of enjoying social competitive games.

Suggested Lessons and Activities:

Mah Jong

Bridge

Dominoes

Jenga and Pick-Up-Stix are good for those with severe cognitive challenges.

Variety of Board Games

Puzzles

Usually three different stations are set up, so students have a choice of what they want to play and who they want to play with.