

# Building Skills, Understanding and Compassion

## The Program

Prepare for entry-level positions in the social services or for transfer to four-year colleges or universities to pursue human services, psychology, social work, counseling, sociology, drug and alcohol studies or other related majors.



Explore strengths-based models—the latest technologies in the helping fields—and issues of human diversity. You examine the many social, political and cultural influences that affect our lives and the social problems we address in today's world. You increase your competency in technological skills; build effective communication skills in helping relationships; develop creativity, critical thinking and teamwork skills; and understand ethical behavior in the helping professions.

You can pursue an A.S. degree, skills and proficiency certificates or a specialization in such fields as general social work, substance abuse counseling, aging and geriatrics and others.

Our program has been recognized for its excellence by local government and community based organizations and is seen as an outstanding educational resource for career development and advancement.

## General Human Services

If you want an entry-level job in a variety of social work settings—this is your program! County government funded social services, community centers, non-profit social service organizations and other public services for children, families and adults all need well-educated employees. You can transfer to a four-year institution to major in human services, social work, psychology, sociology, community studies and more.



## Drug and Alcohol Studies

This program is designed for those interested in the field of alcohol and drug abuse counseling and for counselors already working in a variety of settings with chemically dependent individuals. Upon completion you are prepared to pursue professional state-mandated counselor certification with the most current education in the fundamentals of drug and alcohol abuse counseling and treatment and supervised drug and alcohol treatment work-experience/internships.



## Human Aging

Prepare yourself for a wide range of jobs awaiting you in the senior services field. We prepare you for entry-level employment and for higher education in the growing field of human aging. Whether you want to run a program for seniors or develop a business devoted to serving our aging population, we can help you.



**For more information**  
**[cabrillo.edu/academics/humanservices](http://cabrillo.edu/academics/humanservices)**  
**or call 831-479-6210**

# The Profession

Are you a people person?

Do you care about making a difference in other people's lives?

Do you have a natural talent for helping others?

A career in human services might really fit you! If you're looking to build a rewarding career helping others, then human services could be for you.

Career prospects include employment in social work, counseling, substance abuse treatment, elder care, child welfare, mental health care, community development, probation, and much more.

The opportunities are excellent! According to the Bureau of Labor Statistics, Human Services is one of the fastest growing fields.



# Cabrillo College

Aptos • Scotts Valley • Watsonville

6500 Soquel Drive Aptos, CA 95003 831-479-6201



## How To Enroll

**STEP 1** You may apply online at [www.cabrillo.edu](http://www.cabrillo.edu), or use the form in the Schedule of Classes. Your application can be faxed (831-479-5782),

brought in person or mailed to: Admissions and Records Office, Cabrillo College, 6500 Soquel Drive, Aptos, CA 95003.

**STEP 2** You will receive registration information in the mail including your time to begin registering.

## Who May Enroll

Cabrillo College is open to anyone 18 years of age or older, or anyone with a high school diploma or proficiency certificate. High school students also may attend classes at Cabrillo on a limited basis with the permission of their high school principals.

## Nondiscrimination Policy

Cabrillo Community College does not discriminate on the basis of ethnic group identification, national origin, religion, age, sex, race, color, physical or mental disability, or sexual orientation in any of its policies, procedures, or practices. This nondiscrimination policy covers admission and access to, and treatment and employment in, the college's programs and activities, including vocational education programs. Limited English language skills will not be a barrier to admission to and participation in vocational education programs.

## Plan De Acción No Discriminatoria

Cabrillo Community College no discrimina a base de identificación con grupos étnicos, nacionalidad de origen, religión, edad, sexo, raza, color, incapacidad mental o física ni orientación sexual en ninguna de sus reglamentaciones, procedimientos o prácticas. Este plan de acción no discriminatoria incluye la admisión y el acceso a los programas y actividades, y el tratamiento y el empleo en los mismos, incluyendo la educación vocacional. Tener limitadas destrezas en el idioma inglés no constituirá una barrera para ser admitido o participar en los programas de educación vocacional. 8/08

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# Human Services

# Cabrillo College

[cabrillo.edu](http://cabrillo.edu)