

STROKE AND ACQUIRED DISABILITY CENTER

Health, Wellness, Physical Education and Athletics Division

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Call (831) 425-0622 for more information

<http://www.cabrillo.edu/programs>

The Stroke and Acquired Disability Center offers a series of special classes for adults with functional loss, and for caregivers, including mobility and fitness skills, independent living skills, speech, hearing and language skills, and dealing with disabilities. Classes are located in the Stroke Center in Delaveaga Park, Santa Cruz. Transportation is available through Metro Santa Cruz. A physician's approval will be required. Call (831) 425-0622 for enrollment information.

Stroke and Acquired Disability Center Courses

SC 266

Applied theories of Disabilities for the Physically Limited

½ - 4 units; 1 hour Lecture

Repeatability: May be taken 4 times. May be repeated when required to meet performance criteria.

Individual and group counseling designed to assist the students of the Stroke Center and members of their families to understand disabilities, to deal effectively with them, to enhance their self-esteem, and to make maximum use of community resources. This course is designed for students with physician certification of disability, assessment of needs, and an individual education plan. Course offered at the Stroke Center.

SC 267

Orientation to the Community for the Physically Limited

½ - 4 units; 1 hour Lecture

Repeatability: May be taken 4 times. May be repeated when required to meet performance criteria.

Students with physical disabilities will participate in educational, recreational and employment opportunities in the community. Course includes an orientation class at the Stroke Center and field trips into the community. This course is designed for students with physician certification of disability, assessment of needs, and an individual education plan. Course offered at the Stroke Center.

SC 268

Independent Living Skills for the Physically Limited

½ - 10 units; 1 hour Lecture

Repeatability: May be taken 4 times. May be repeated when required to meet performance criteria.

Studies all aspects of independent living skills necessary for physically limited students to gain successful reintegration into the community. A multidisciplinary program team-taught according to Individual Education Plans including the following learning opportunities: 1) Individual and group counseling 2) Identification, compensatory management and redemption of all activities of daily living including speech/language communication and mobility. Physician approval required with certification of disability, assessment of needs and Individual Education Plan (IEP). Course offered at the Stroke Center.