

SPECIAL EDUCATION

STROKE AND DISABILITY LEARNING CENTER

Health, Athletics, Wellness, and Kinesiology Division

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Call (831) 477-3300 for more information

<http://www.cabrillo.edu/programs>

The Stroke and Disability Learning Center offers a series of special classes for adults with physical and/or neurological limitations including mobility, fitness skills, adaptation, problem solving, and oral and written communication skills. Classes are held in the new Stroke and Disability Learning Center on the Aptos campus. A physician's approval will be required. Call (831) 477-3300 for enrollment information or check the website at www.strokecenter.com.

Special Education Courses

SPED 210

Adaptive Speech and Language Skills

0.5 - 5 units; 0.5 hour Lecture or 1.5 hours Laboratory

Prerequisite: Must be able to follow group instruction and be independent in self-management (or provide care attendant.)

Recommended Preparation: Eligibility for Disabled Students Programs and Services. Assessment for Stroke and Disability Learning Center (SPED 215).

Repeatability: May be taken a total of 4 times.

Provides communication skills and strategies for students with physical/neurological limitations and other DSPS documented disabilities. Emphasis on practical application of skills in language, cognition, and social dynamics. Offered in the Stroke and Disability Learning Center.

SPED 215

Assessment/Orientation to Stroke and Disability Learning Center

0.5 - 1 unit; 0.5 hour Lecture or 1.5 hours Laboratory

Prerequisite: Must be eligible for Disabled Student Programs and Services.

Repeatability: May be taken a total of 3 times.

Provides counseling, assessment and overview of interdisciplinary program for students with physical/neurological limitations. Development of Student Educational Contract (SEC).

SPED 216

Exploring Abilities

0.5 - 5 units; 0.5 hour Lecture or 1.5 hours Laboratory

Prerequisite: Must be able to follow group instruction and be independent in self-management (or provide care attendant.)

Recommended Preparation: Eligibility for Disabled Students Programs and Services. Assessment for Stroke and Disability Learning Center (SPED 215).

Repeatability: May be taken a total of 4 times.

Counsels students with physical/neurological limitations on techniques to understand and manage deficits, enhance self-esteem, develop new abilities and maximize use of college and community resources. Offered in the Stroke and Disability Learning Center.