

ATHLETICS

ATH 10 Athletic Conditioning 0/E

Provides the opportunity for students to cross train and to improve fitness levels for intercollegiate competition. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC with limits: Any or all ATH & KIN Activity courses combined: maximum credit-4 units.

Section	Days	Times	Units	Instructor	Room
74153	T	12:45PM-01:35PM	1.00	J.Thomas	1116
&	TH	12:45PM-01:50PM		J.Thomas	1116

While open to all students, Section 74153 is primarily for intercollegiate men/women water polo, men/women swimming, womens' basketball and womens' volleyball.

74154	M	02:15PM-03:05PM	1.00	P.Carbone	1116
&	W	02:15PM-03:20PM		P.Carbone	1116

While open to all students, Section 74154 is primarily for intercollegiate men/women tennis athletes, womens' softball, and men and womens' soccer.

74155	MWF	03:00PM-04:35PM	1.00	A.Marcopulos	1101
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Meets 6 weeks 4/16-5/25. While open to all students, class is primarily for returning and potential intercollegiate men basketball players.

ATH 11 Football Conditioning 0/E

Provides instruction in speed, agility, and strength for football conditioning. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC with limits: Any or all ATH & KIN activity courses combined: maximum credit-4 units.

Section	Days	Times	Units	Instructor	Room
74156	MW	08:00AM-09:20AM	1.50	W.Garrison	1116

While open to all students, Section 74156 is primarily for students enrolled in the Intercollegiate Football program.

74157	TTH	08:00AM-09:20AM	1.50	I.Soekardi	1116/STADIUM
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While open to all students, Section 74157 is primarily for students enrolled in the Intercollegiate Football program.

ATH 151 Intercollegiate Athletics-Basketball: Men 0/E

For men interested in intercollegiate competition in basketball. Open entry/Open exit. Corequisite: ATH 18 in fall semester. Repeatability: May be taken 4 times. Any combination of pre-season and regular Athletics courses may be taken a total of 4 times.

Transfer Credit: CSU; UC with limits: Any or all ATH & KIN activity courses combined: maximum credit-4 units.

Section	Days	Times	Units	Instructor	Room
74158	Arr.	Arr.	1.00	A.Marcopulos	1101

Meets 5 weeks 2/7-3/11. Holiday 2/10 and 2/20. 34 hr arranged per week.

ATH 15J Intercollegiate Athletics-Basketball: Women 0/E

For women interested in intercollegiate competition in basketball. Open entry/Open exit. Corequisite: ATH 19 in fall semester. Repeatability: May be taken 4 times. Any combination of pre-season and regular Athletics courses may be taken a total of 4 times.

Transfer Credit: CSU; UC with limits: Any or all ATH & KIN activity courses combined: maximum credit-4 units.

Section	Days	Times	Units	Instructor	Room
74159	Arr.	Arr.	1.00	K.Netto	1101

Meets 5 weeks 2/7-3/11. Holiday 2/10 and 2/20. 34 hr arranged per week.

ATH 15K Intercollegiate Athletics-Baseball 0/E

For students interested in intercollegiate competition in baseball. Open entry/Open Exit. Repeatability: May be taken 4 times. May be taken a total of 4 times.

Transfer Credit: CSU; UC with limits: Any or all ATH & KIN activity courses combined: maximum credit- 4 units.

Section	Days	Times	Units	Instructor	Room
74160	Arr.	Arr.	2.00	R.Kittle	BASFIELD

Meets 15 weeks 2/7-5/27. Holiday 2/10, 2/20, Spring Break: 4/9-4/14. 11 hr 10 min arranged per week.

ATH 15M Intercollegiate Athletics-Softball 0/E

For students interested in intercollegiate competition in softball. Open entry/Open exit. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC with limits: Any or all ATH & KIN activity courses combined: maximum credit- 4 units.

Section	Days	Times	Units	Instructor	Room
74162	Arr.	Arr.	2.00	K.Ballinger	SOFFIELD

Meets 14 weeks 2/7-5/20. Holiday 2/10, 2/20, Spring Break: 4/9-4/14. 12 hr 5 min arranged per week.

ATH 15N Intercollegiate Athletics-Swimming and Diving: Men 0/E

For men interested in intercollegiate competition in swimming and diving. Open entry/Open exit. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC with limits: Any or all ATH & KIN activity courses combined: maximum credit- 4 units.

Section	Days	Times	Units	Instructor	Room
74163	Arr.	Arr.	2.00	Thomas/Newby	POOL

Meets 11 weeks 2/7-4/28. Holiday 2/10, 2/20, Spring Break: 4/9-4/14. 15 hr 30 min arranged per week.

ATH 15P Intercollegiate Athletics-Swimming and Diving: Women 0/E

For women interested in intercollegiate competition in swimming and diving. Open entry/ Open exit. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC with limits: Any or all ATH & KIN activity courses combined: maximum credit- 4 units.

Section	Days	Times	Units	Instructor	Room
74164	Arr.	Arr.	2.00	Thomas/Newby	POOL

Meets 11 weeks 2/7-4/28. Holiday 2/10, 2/20, Spring Break: 4/9-4/14. 15 hr 30 min arranged per week.

ATH 15Q Intercollegiate Athletics-Tennis: Men 0/E

Presents methods to improve fitness, strength, and flexibility to minimize injury potential to men interested in intercollegiate tennis in a pre-season setting. Open entry/Open exit. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC with limits: Any or all ATH & KIN activity courses combined: maximum credit- 4 units.

Section	Days	Times	Units	Instructor	Room
75770	Arr.	Arr.	2.00	D.Van Ness	TENCOURT

Meets 13 weeks 2/7-5/13. Holiday 2/10, 2/20. Spring Break: 4/9-4/14. 13 hr 10 min arranged per week.

