

**COUNSELING & GUIDANCE**

**CG 1 College Success**

Integrates personal growth, learning techniques, problem solving, critical and creative thinking to enhance academic and career success.  
Transfer Credit: CSU; UC, WITH LIMITS: CG 1, 51 and 54 combined: maximum credit - 3 units

Section	Days	Times	Units	Instructor	Room
1	Arr.	Arr.	3.00	C.Shannon	OL
Section 1 is an ONLINE course. After registration, please e-mail instructor at cashanno@cabrillo.edu. For details, see instructor's web page at go.cabrillo.edu/online.					
2	Arr.	Arr.	3.00	C.Shannon	OL
Meets 8 weeks, 4/2-5/25. Section 2 is an ONLINE course. After registration, please e-mail instructor at cashanno@cabrillo.edu. For details, see instructor's web page at go.cabrillo.edu/online.					
3	MW	12:40PM-2:00PM	3.00	K.Mansfield	510

**CG 51 Planning for Success**

Introduces the tools necessary to increase academic and life success including college expectations, resources, facilities, requirements, and educational planning.  
Transfer Credit: CSU; UC, WITH LIMITS: CG 1, 51 and 54 combined: maximum credit - 3 units

Section	Days	Times	Units	Instructor	Room
1	Arr.	Arr.	1.00	M.Wald	OL
Section 1 is an ONLINE course. Meets 8 weeks, 1/29-3/23. For details, see instructor's web page at go.cabrillo.edu/online.					
2	Arr.	Arr.	1.00	M.Garcia	OL
Section 2 is an ONLINE course. Meets 8 weeks, 1/29-3/23. For details, see instructor's web page at go.cabrillo.edu/online.					
3	Arr.	Arr.	1.00	M.Wald	OL
Section 3 is an ONLINE course. Meets 8 weeks, 4/2-5/25. For details, see instructor's web page at go.cabrillo.edu/online.					
4	F	10:00AM-10:50AM	1.00	M.Nakazawa-Hewitt	312
For new international students with F1 visas only. For more information call (831) 479-6385 or see www.cabrillo.edu/services/international.					
5	W	3:00PM-5:05PM	1.00	R.Skinner	316
Meets 8 weeks, 1/31-3/21.					
6	W	6:00PM-8:05PM	1.00	F.Tostado	WatA220
Meets 8 weeks, 4/4-5/23.					

**CG 52 College Study Skills**

Develops academic study skills including motivation, concentration, effective note-taking, textbook study methods, time management, test-taking, and test anxiety reduction.

Transfer Credit: Transfers to CSU

Section	Days	Times	Units	Instructor	Room
1	Arr.	Arr.	1.00	P.Van Loon	OL
Section 1 is an ONLINE course. Meets 8 weeks, 3/1-4/26. Mandatory orientation meeting on Thursday, 3/1, 6:30-8:00PM in room 1051 (upstairs in the library). For details, see instructor's web page at go.cabrillo.edu/online.					

**CG 54 Careers and Lifestyles**

Facilitates the selection of a career goal and educational pathway through self-analysis, human development, and occupational exploration; utilizes assessment of human traits and life span development. May be offered in a Distance-Learning Format.

Transfer Credit: CSU; UC, WITH LIMITS: CG 1, 51 and 54 combined; maximum credit - 3 units.

Section	Days	Times	Units	Instructor	Room
1	Arr.	Arr.	1.00	P.Van Loon	OL
Section 1 is an ONLINE course. Meets 8 weeks, 1/29-3/23. Mandatory orientation meeting Wednesday, 1/31, 6:30-8:00PM in room 1051 (upstairs in the library). For details, see instructor's web page at go.cabrillo.edu/online. \$30 materials fee.					
2	Arr.	Arr.	1.00	P.Van Loon	OL
Section 2 is an ONLINE course. Meets 8 weeks, 4/2-5/25. Mandatory orientation meeting Tuesday, 4/3, 6:30-8:00PM in room 1051 (upstairs in the Library). For details, see instructor's web page at go.cabrillo.edu/online. \$30 materials fee.					

Section	Days	Times	Units	Instructor	Room
3	S	9:00AM-6:10PM	1.00	K.Mansfield	313
&	Arr.	Arr.			OL
Section 3 is a HYBRID ONLINE course. Meets two Saturdays, 3/3 and 3/17 at the scheduled times with an additional 9 hr of ONLINE instruction between 3/3-3/17. For details, see instructor's web page at go.cabrillo.edu/online. \$30 materials fee.					

Section	Days	Times	Units	Instructor	Room
4	F	9:00AM-12:05PM	1.00	B.Schultz-Perez	313
&	Arr.	Arr.			OL
Section 4 is a HYBRID ONLINE course. Meets 4 Fridays, 4/20-5/11, at the scheduled times with an additional 5 hours of ONLINE instruction between 4/20-5/11. For details, see instructor's web page at go.cabrillo.edu/online. \$30 materials fee.					

Section	Days	Times	Units	Instructor	Room
5	F	9:00AM-12:05PM	1.00	K.Mansfield	316
&	Arr.	Arr.			OL
Section 5 is a HYBRID ONLINE course. Meets 4 Fridays, 4/6-4/27, at the scheduled times with an additional 5 hours of ONLINE instruction between 4/6-4/27. For details, see instructor's web page at go.cabrillo.edu/online. \$30 materials fee.					

**CG 107 Career and Transfer Research Activities**

Provides opportunity for research in career development and/or transfer preparation. Recommended Preparation: Eligibility for MATH 154. Pass/No Pass grading only.

Section	Days	Times	Units	Instructor	Room
1	Arr.	Arr.	0.50	M.Wald	122
27 hr arranged. Assignments may be done ONLINE. Open entry/Open exit-may enroll in this section until 4/28. Call (831) 479-6385 for more information.					