


COUNSELING AND GUIDANCE

CG 1 College Success 
 Intergrates personal growth, learning techniques, academic and career success, problem solving, critical, and creative thinking.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
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74294	Arr.	Arr.	3.00	C.Shannon	OL
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Section 74294 is an ONLINE course. After registration, please e-mail instructor at cashanno@cabrillo.edu. For details, see instructor's web page at go.cabrillo.edu/online.

74295	Arr.	Arr.	3.00	I.Gil	OL
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Section 74295 is an ONLINE course. Meets 2/6-5/18. For details, see instructor's web page at go.cabrillo.edu/online.

74298	MW	02:15PM-03:35PM	3.00	STAFF	SAC202
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For students enrolled in the STARS Program. For more information, call (831) 477-3290 or see www.cabrillostars.org.

CG 51 Introduction to College

Acquaints students with college and university requirements, college services, educational alternatives, and strategies for student success. Prerequisite: Assessment test and orientation.

Transfer Credit: CSU.

Section	Days	Times	Units	Instructor	Room
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74314	F	10:00AM-12:05PM	1.00	A.Cantu	1118
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Meets 8 weeks 2/17-4/6. While open to all students, Section 74314 is mainly for inter-collegiate men/women athletes. This course will have a specific focus on NCAA Community College eligibility requirements, NCAA/NAIA transfer regulations and the development of an Education Plan.

74313	T	03:00PM-03:50PM	1.00	A.Zagorska	SAC202
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For new International students.

CG 52 College Study Skills

For students who want to learn how to take lecture and reading notes, master textbooks, manage time, concentrate, pass examinations, research term papers and other general college survival skills.

Transfer Credit: CSU.

Section	Days	Times	Units	Instructor	Room
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74316	W	02:10PM-04:15PM	1.00	P.Van Loon	323
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Meets 8 weeks 3/28-5/23. Holiday 4/11.

CG 54 Career Planning



Recommended class involving (1) self-analysis through discussion and tests of aptitude, interest, values and personality; (2) investigation of the world of work. Students may choose either individual or group counseling.

Transfer Credit: CSU.

Section	Days	Times	Units	Instructor	Room
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74317	Arr.	Arr.	2.00	P.VanLoon	OL
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Section 74317 is an ONLINE course. Mandatory orientation meeting on Wednesday, 2/8, 6:00-8:00PM in Room 1051 (upstairs in the Library). \$30 materials fee due prior to first class. Please pick up form at Career/Transfer Center or Counseling Office in Building 100. For details, see instructor's web page at go.cabrillo.edu/online.

74318	S	09:00AM-06:15PM	1.00	B.Magee	WatA160
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Meets 2 Saturdays 4/28 and 5/12. \$30 materials fee due prior to first class. Please pick up form at Career/Transfer Center or Counseling Office in Building 100.

74320	S	09:00AM-06:15PM	1.00	S.Ogimachi	SAC202
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Meets 2 Saturdays 3/10 and 3/24. \$30 materials fee due prior to first class. Please pick up form at Career/Transfer Center or Counseling Office in Building 100.

74319	F	06:00PM-08:50PM	2.00	STAFF	WatA160
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Meets 12 weeks 2/17-5/11. Holiday 4/13. For students enrolled in the STARS Program. For more information, call (831) 477-3290 or see www.cabrillostars.org.

CG 107 Career and Transfer Research Activities

Provides opportunity for research in career development and/or transfer preparation. Recommended Preparation: Eligibility for MATH 154. Repeatability: May be taken 3 times. Pass/No Pass grading only.

Section	Days	Times	Units	Instructor	Room
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74300	Arr.	Arr.	0.50	M.Wald	Arr.
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1 hr 20 min arranged per week. Call (831) 479-6385 for more information. Assignments may be done ONLINE. In-person orientation meeting on Friday, 2/17, 10:00AM-12:00PM in Room 105. In-person final meeting on Friday, 5/25, 10:00AM-12:00PM in Room 105. Open entry. Student may register through the 12th week.

CG 190A Charting Your Career Path

Develop a long-term strategy for obtaining the work, pay, and life that you desire. Repeatability: May be taken a total of 4 times.

Section	Days	Times	Units	Instructor	Room
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74301	Arr.	Arr.	0.50	T.Cavanagh	Arr.
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30 min arranged per week. For students of Delta School. No advanced registration; instructor permission required to enroll.

CG 190A2 Charting Your Career Path II

Continue to develop a long-term strategy for obtaining the work, pay and life that you desire.

Section	Days	Times	Units	Instructor	Room
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74302	Arr.	Arr.	0.50	T.Cavanagh	Arr.
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2 hr 5 min arranged per week. For students in Delta School. No advance registration; instructor's permission required to enroll.

CG 190F Financial Literacy

Everything you ever wanted to know about money!

Section	Days	Times	Units	Instructor	Room
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74303	S	09:00AM-06:15PM	1.00	J.Ford	833
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Meets 2 Saturdays 5/14 and 5/21.

CG 205 Academic Survival Skills

Developing college survival skills, to include note taking, test taking, time management, and studying effectively. Corequisite: Concurrent enrollment in CG 205L for the first semester taking CG 205. Repeatability: May be taken 4 times.



Section	Days	Times	Units	Instructor	Room
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74305	S	09:00AM-06:15PM	1.00	H.Jara	WatA180
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Meets 2 Saturdays 2/18 and 2/25. Course taught in English with questions answered in Spanish as necessary.

74304	F	10:00AM-12:05PM	1.00	H.Jara	321
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Meets 8 weeks 2/17-4/6. For re-entry students.

 indicate open entry classes—open through the 12th week of instruction  indicate writing factor classes;  Honors classes;

 indicate multicultural classes;  indicate health and wellness classes  some sections of this course are taught in a distance education format.

Cabrillo College *Schedule of Classes* – Spring, 2012

CG 205L Academic Survival Skills Lab

Development of academic skills in a supervised study environment; application of concepts and strategies presented in CG 205. Prerequisite: CG 205 or concurrent enrollment in CG 205. Repeatability: May be taken a total of 4 times.

Section	Days	Times	Units	Instructor	Room
74306	Arr.	Arr.	1.00	D.Shulman	LRC1080A
3 hr 5 min open lab per week.					
74307	Arr.	Arr.	2.00	D.Shulman	LRC1080A
6 hr 10 min open lab per week.					
74308	Arr.	Arr.	3.00	D.Shulman	LRC1080A
9 hr 20 min open lab per week.					
74309	Arr.	Arr.	1.00	T.Martin	WatA210
3 hr 5 min open lab per week.					
74310	Arr.	Arr.	2.00	T.Martin	WatA210
6 hr 10 min open lab per week.					
74311	Arr.	Arr.	3.00	T.Martin	WatA210
9 hr 20 min open lab per week.					

CG 212 Raising Self-Esteem

Discusses factors affecting development of positive self-esteem; evaluate strategies for raising self-esteem; application of techniques to strengthen self-esteem in daily life. Recommended Preparation: Eligibility for Disabled Student Programs and Services. Repeatability: May be taken a total of 2 times.

Section	Days	Times	Units	Instructor	Room
75948	T	12:40PM-02:45PM	2.00	P.Tomnitz	SAC202