

COUNSELING AND GUIDANCE

CG 1 College Success 

Intergrates personal growth, learning techniques, academic and career success, problem solving, critical, and creative thinking.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
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62968 Arr. Arr. 3.00 C.Shannon OL
Section 62968 is an ONLINE course. Recommended orientation meeting Thursday 9/3, 4:00PM-6:00PM in Room 1051. After registration, please e-mail instructor at cashanno@cabrillo.edu. For details, see the instructor's web page at www.cabrillo.edu/services/disted/ "Distance Courses."

Section	Days	Times	Units	Instructor	Room
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62969 Arr. Arr. 3.00 C.Shannon OL
Section 62969 is an ONLINE course. Recommended orientation meeting Thursday 9/3, 4:00PM-6:00PM in Room 1051. After registration, please e-mail instructor at cashanno@cabrillo.edu. For details, see the instructor's web page at www.cabrillo.edu/services/disted "Distance Courses."

CG 51 Introduction to College

Acquaints students with college and university requirements, college services, educational alternatives, and strategies for student success. Prerequisite: Assessment test and orientation.

Transfer Credit: CSU.

Section	Days	Times	Units	Instructor	Room
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62988 T 09:30AM-10:50AM 1.50 R.Puente 913
Required enrollment in ENGL 100 Section 63284. Puente Program.

Section	Days	Times	Units	Instructor	Room
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62987 T 03:00PM-03:50PM 1.00 A.Zagorska 809
For new international students.

CG 52 College Study Skills 

For students who want to learn how to take lecture and reading notes, master textbooks, manage time, concentrate, pass examinations, research term papers and other general college survival skills.

Transfer Credit: CSU.

Section	Days	Times	Units	Instructor	Room
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62991 Arr. Arr. 2.00 P.Van Loon OL
Section 62991 is an ONLINE course. Mandatory orientation meeting on Tuesday, September 1, 6:00PM-8:00PM in Room 1051. For details, see instructor's web page at www.cabrillo.edu/services/disted/ "Distance Courses."

64518 F 10:00AM-11:10AM 1.00 B.Stamos 809
Meets 13 weeks 9/18-12/18. Holiday 11/27. For students enrolled in EOPS/CARE. No advance registration; permission of the instructor is required.

Section	Days	Times	Units	Instructor	Room
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62990 TH 02:10PM-04:15PM 1.00 P.Van Loon 833
Meets 8 weeks 10/15-12/10. Holiday 11/26.

CG 54 Career Planning 

Recommended class involving (1) self-analysis through discussion and tests of aptitude, interest, values and personality; (2) investigation of the world of work. Students may choose either individual or group counseling.

Transfer Credit: CSU.

Section	Days	Times	Units	Instructor	Room
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62993 Arr. Arr. 2.00 P.Van Loon OL
Section 62993 is an ONLINE course. Mandatory orientation meeting on Thursday, 9/3, 6:00PM-8:00PM, in Room 1051. For details, see instructor's web page at www.cabrillo.edu/services/disted/ "Distance Courses."

Section	Days	Times	Units	Instructor	Room
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62998 F 09:00AM-01:05PM 1.00 E.Seth 5001
Meets 4 Fridays, 9/18, 10/2, 11/6, 11/20. Students must also be enrolled in Digital Bridge Academy. For more information regarding Digital Bridge Academy, see Digital Management Career Preparation in *Schedule of Classes* or call (831) 477-5164.

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CG 54 CONTINUED:

64566 S 09:00AM-06:15PM 1.00 S.Ogimachi SAC202
Meets 2 Saturdays 9/5 & 9/19. \$30 materials fee due first class.

64568 S 09:00AM-06:15PM 1.00 S.Ogimachi SAC202
Meets 2 Saturdays 11/21 & 12/5. \$30 materials fee due first class.

62997 TH 01:30PM-03:45PM 1.00 C.Chavez Wat4580
Meets 7 weeks 9/24-10/15 and 11/5-11/19. Students must also be enrolled in Digital Bridge Academy. For more information regarding Digital Bridge Academy, see Digital Management Career Preparation in the *Schedule of Classes* or call (831) 477-5164.

62992 T 06:30PM-08:35PM 1.00 P.Van Loon 809
Meets 8 weeks 10/13-12/8. No class 11/24. \$30 materials fee due first class meeting.

CG 65 Leadership Development

A lecture/discussion class that addresses issues of leadership in student government and non-academic contexts.

Transfer Credit: CSU.

Section	Days	Times	Units	Instructor	Room
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63000 T 03:00PM-05:15PM 2.00 S.Escoto 830
Meets 14 weeks 9/15-12/15.

CG 190A Charting Your Career Path

Develop a long-term strategy for obtaining the work, pay, and life that you desire. Repeatability: May be taken a total of 4 times.

Section	Days	Times	Units	Instructor	Room
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62971 Arr. Arr. 0.50 T.Cavanagh Arr.
1 hr 5 min arranged per week. For students of Delta School.

CG 190A2 Charting Your Career Path II

Section	Days	Times	Units	Instructor	Room
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64393 Arr. Arr. 0.50 T.Cavanagh Arr.
2 hr 5 min arranged per week. For students of Delta School.

CG 190F Financial Literacy

Everything you ever wanted to know about money!

Section	Days	Times	Units	Instructor	Room
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62973 S 09:00AM-06:15PM 1.00 J.Ford 833
Meets 2 Saturdays 10/3 and 10/17.

CG 190WR Work Readiness

Learn latest techniques for getting, keeping and advancing in a job and obtaining the work, pay and life that you desire. Repeatability: May be taken 4 times.

Section	Days	Times	Units	Instructor	Room
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62974 TH 01:00PM-03:05PM 2.00 C.Rubach 809

CG 205 Academic Survival Skills

Developing college survival skills, to include note taking, test taking, time management, and studying effectively. Corequisite: Concurrent enrollment in CG 205L for the first semester taking CG 205. Repeatability: May be taken 4 times.

Section	Days	Times	Units	Instructor	Room
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62976 F 09:00AM-06:15PM 1.00 H.Jara SV02
Meets 2 Fridays 11/6 and 11/13.

62975 F 10:00AM-12:05PM 1.00 H.Jara SAC202
Meets 8 weeks 9/11-10/30. For re-entry students.

Section	Days	Times	Units	Instructor	Room
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62977 S 09:00AM-06:15PM 1.00 H.Jara Wat4380
Meets 2 Saturdays 9/12 and 9/19. Course taught in English with questions answered in Spanish as necessary.

 indicate open entry classes—open through the 12th week of instruction  indicate writing factor classes;  Honors classes;
 indicate multicultural classes;  indicate health and wellness classes  some sections of this course are taught in a distance education format.

Cabrillo College *Schedule of Classes* – Fall, 2009

CG 205L Academic Survival Skills Lab

Development of academic skills in a supervised study environment; application of concepts and strategies presented in CG 205. Prerequisite: CG 205 or concurrent enrollment in CG 205. Repeatability: May be taken a total of 4 times.

Section	Days	Times	Units	Instructor	Room
62978	Arr.	Arr.	1.00	D.Shulman	1080A
3 hr 5 min arranged per week.					
62979	Arr.	Arr.	2.00	D.Shulman	1080A
6 hr 10 min arranged per week.					
62980	Arr.	Arr.	3.00	D.Shulman	1080A
9 hr 20 min arranged per week.					
62981	Arr.	Arr.	1.00	STAFF	Wat4410
3 hr 5 min arranged per week.					
62982	Arr.	Arr.	2.00	STAFF	Wat4410
6 hr 10 min arranged per week.					
62983	Arr.	Arr.	3.00	STAFF	Wat4410
9 hr 20 min arranged per week.					

CG 280W Raising Self-Esteem

Discussion of factors affecting self-esteem; techniques to raise self-esteem; application of techniques in daily life. Recommended Preparation: Eligibility for Disabled Student Programs and Services.

Section	Days	Times	Units	Instructor	Room
62984	W	12:40PM-02:45PM	2.00	P.Tomnitz	809

CG 286 Transition to College

For students who have a psychological disability and are eligible for services through Disabled Student Programs and Services. Repeatability: Additional repetitions may be necessary to meet eligibility requirements for continuation of services as per Title 5, section 56044, "Special Class Course Repeatability."

Section	Days	Times	Units	Instructor	Room
62985	T	12:40PM-02:45PM	2.00	J.Napolitano	809

CG 502 Supervised Tutoring **0/E**

Section	Days	Times	Units	Instructor	Room
64430	Arr.	Arr.	0.00	J.Jackson	Arr.

Meets in Career/Transfer Center, Room 123. 5 hr 10 min arranged per week.