

DANCE

DANCE 10 Dance Appreciation

Examines dance through viewing dance performances, lecture, discussions, and exploration, focusing on the historical, cultural, and artistic developments of dance and western dance styles in the 20th Century.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|--------------|----------|------------------------|-------------|-----------------|---------------|
| 63129 | MW | 09:30AM-10:50AM | 3.00 | R.VanDessel | 454 |
| 63128 | M | 06:00PM-09:05PM | 3.00 | C.Funsch | SAC202 |

DANCE 57 Dance Repertory

Rehearse and perform the choreographic repertory of faculty, guest artists, and/or student choreographers while learning how to fully produce a dance concert.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|-----------------------|------|
| 63130 | TTH | 03:00PM-06:05PM | 2.00 | VanDessel/Took-Zozaya | 1117 |

DANCE 58 Street Dance and Hip Hop I

Introduces beginning hip hop and street dance styles and forms. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times for credit; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------------|---------|
| 63132 | S | 12:15PM-01:35PM | 0.75 | Y.Porter-Honicky | 1117 |
| 64536 | T | 02:45PM-04:50PM | 1.00 | Y.Porter-Honicky | Wat4330 |

DANCE 59 Latin Dance

Latin Dance styles, including Salsa, with additional selections from Merengue, Cumbia, Rhumba, ChaCha, Mambo, Samba and Tango. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times for credit; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|--------------|----------|------------------------|-------------|------------------------|-------------|
| 63135 | F | 10:00AM-12:05PM | 1.00 | A.Farhood | Wat4330 |
| 63134 | F | 12:15PM-02:20PM | 1.00 | B.England | 1117 |
| 63133 | T | 07:30PM-09:35PM | 1.00 | H.Jackson-Jones | 1117 |

DANCE 61 Introduction to Dance/Moving to Live Music

Introduces basic dance techniques (conditioning, strength, flexibility, alignment, coordination, rhythm, body and spatial awareness), dance vocabulary, and elements of expressive style while promoting ease and confidence in movement. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|--------------|-----------|------------------------|-------------|---------------------|-------------|
| 63136 | MW | 06:00PM-07:20PM | 1.50 | R.Van Dessel | 1117 |

DANCE 62 Pilates Mat Work

Provides applied instruction in introductory Pilates mat work with an emphasis on body/mind awareness, increased strength, flexibility, and efficiency of movement function leading to improved performance. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC with limits: Any or all PE activity courses combined: maximum credit-4 units. Dance 62 is considered a PE activity course.

| Section | Days | Times | Units | Instructor | Room |
|--------------|----------|------------------------|-------------|-------------------------|----------------|
| 63137 | MW | 08:00AM-09:20AM | 1.50 | S.Spencer | 1117 |
| 63144 | F | 08:30AM-09:50AM | 0.75 | L.Van Buuren | 1117 |
| 64538 | MW | 11:10AM-12:30PM | 1.50 | R.DeCosse | 1117 |
| 63140 | MW | 02:10PM-03:30PM | 1.50 | L.Van Buuren | 1117 |
| 64537 | T | 05:00PM-06:20PM | 0.75 | Y.Porter-Honicky | Wat4330 |

DANCE 63 Dance Improvisation

Introduces the basic skills of improvisation which enhance creativity in movement, while exploring the elements of time, space, shape and energy as they relate to dance, dance performance and other art forms in personal and group movement experiences. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 64336 | MW | 09:30AM-10:50AM | 1.50 | R.DeCosse | 1117 |

DANCE 64 Intermediate Modern Dance

Teaches contemporary modern dance technique, develops personal expression and musicality, improves alignment, body awareness, and conditioning while performing longer and more challenging movement combinations to live music. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 63145 | TTH | 12:40PM-02:45PM | 2.00 | R.DeCosse | 1117 |

DANCE 65 Jazz Dance

Covers jazz dance techniques and styles and includes warm-up, conditioning, and jazz combinations performed to music. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times for credit; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|-----------------|------|
| 63146 | F | 10:00AM-12:05PM | 1.00 | H.Jackson-Jones | 1117 |

DANCE 66 Choreography

Create dances and explore how to apply the elements of choreography to any style of dance, while experimenting in a supportive environment with the building blocks of structure, content, and creative inspiration. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 63147 | MW | 04:00PM-05:20PM | 1.50 | T.Beal | 1117 |

Cabrillo College *Schedule of Classes* – Fall, 2009

DANCE 68 Advanced Dance Technique and Performance Skills

Refines contemporary modern dance technique and performing skills while learning more complex patterns of movement, embodiment of alignment, flexibility, strength and energy flow with live dance accompaniment. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 63148 | TTH | 12:40PM-02:45PM | 2.00 | R.DeCosse | 1117 |

DANCE 69 African Dance

Learn African Dances from various regions in Africa including their social, historical and cultural significance. Repeatability: May be taken 4 times, thereafter may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------------|------|
| 63149 | W | 07:30PM-09:35PM | 1.00 | Y.Porter-Honicky | 1117 |

DANCE 74 Creative Movement

Provides a playful and supportive atmosphere to explore imagination, creativity, self-expression, communication, and group play while discovering your movement potential through improvisation. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 64338 | MW | 09:30AM-10:50AM | 1.50 | R.DeCosse | 1117 |

DANCE 76 Ballet I

Introduces basic techniques and principles of ballet through barre, center floor work, cross-the-floor combinations while acquainting the student with the aesthetics, history and tradition of classical ballet. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 63150 | TTH | 08:00AM-09:20AM | 1.50 | B.England | 1117 |
| 63151 | S | 10:00AM-12:05PM | 1.00 | B.England | 1117 |

DANCE 78 Ballet II

Intermediate level techniques and principles of ballet are presented through barre, center floor work and across-the-floor combinations while exploring in more depth the aesthetics, history and tradition of the classical ballet. Recommended Preparation: DANCE 61 and 76. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 63152 | MW | 12:40PM-02:00PM | 1.50 | R.Martyn | 1117 |

DANCE 79F Adaptive Dance

Introduces elements of dance such as rhythm, coordination, body and spatial awareness, movement vocabulary, and creative expression while improving physical conditioning for physically challenged and/or developmentally delayed learners. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|---------------|------|
| 63153 | TTH | 11:10AM-12:30PM | 1.50 | S.Took-Zozaya | 1117 |

DANCE 79S Salsa II

Studies intermediate dances of the Salsa genre including Bachata, Cha cha cha, Cumbia, Merengue, Rumba, Rueda and other Latin music forms. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC with conditions: Students must retain a copy of the course outline, the course syllabus and work completed for this course. Credit for this course is contingent upon a review of the course outline and other materials by the UC transfer campus.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|---------|
| 63154 | TH | 03:30PM-05:35PM | 1.00 | A.Farhood | Wat4330 |
| 63155 | TH | 03:30PM-06:35PM | 1.50 | A.Farhood | Wat4330 |

DANCE 81 Swing Dance

Designed to build students' understanding of swing dance and expand their repertoire of dance skills across a wide range of traditional and popular swing dance styles. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times; thereafter may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|-----------------|------|
| 63156 | TH | 07:30PM-09:35PM | 1.00 | H.Jackson-Jones | 1117 |

DANCE 82 Body/Mind Balance: Movement Awareness

Introductory survey of somatic methods, using movement and dance as creative, performing, and healing arts, to increase body awareness and wellness. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------------|------|
| 63158 | TTH | 09:30AM-10:50AM | 1.50 | R.DeCosse | 1117 |
| 63161 | MW | 01:40PM-02:50PM | 1.00 | Y.Porter-Honicky | 5001 |

Meets 13 weeks 8/31-10/7 and 10/19-12/2. Holiday 11/9. **Students must also be enrolled in the Digital Bridge Academy.** For details regarding the Digital Bridge Academy, see Digital Management Career Preparation in the Schedule of Classes or call (831) 477-5164.

| | | | | | |
|-------|----|-----------------|------|---------------|---------|
| 63159 | MW | 11:15AM-12:25PM | 1.00 | S.Took-Zozaya | Wat4330 |
| & | MW | 11:15AM-12:25PM | | S.Took-Zozaya | Wat4330 |

Meets 13 weeks 9/14-10/21 and 11/2-12/16. Holiday 11/9. **Students must be enrolled in the Digital Bridge Academy.** For details regarding the Digital Bridge Academy, see Digital Management Career Preparation in the Schedule of Classes or call (831) 477-5164.

DANCE 86 Ballroom Dance

Introduces the basic skills for following and leading in selected ballroom dance styles including: Fox Trot, Waltz, Swing, Two Step, Salsa and additional popular ballroom dances. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

| Section | Days | Times | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 63163 | SU | 05:00PM-07:05PM | 1.00 | A.Farhood | 1117 |
| 63162 | M | 07:30PM-09:35PM | 1.00 | A.Farhood | 1117 |