

PROGRAM OF STUDY

Associate in Arts in Psychology for Transfer

Psychology is the study of our thinking, feeling and behaving. It is the study of human beings, a very complex phenomenon. Cabrillo College offers a diverse program with several goals: 1) to expose students to the variety of subfields in psychology; 2) to engender knowledge of and appreciation for the spirit and nature of scientific inquiry; 3) to facilitate insight into oneself and increase knowledge of and sensitivity to others; and 4) to introduce students to the basic body of knowledge, thus preparing them for further study in psychology.

Because the field of psychology is broad and diverse, psychologists can and do work in a variety of settings. Most psychologists have a Master's degree or a Ph.D. This usually requires two to six years of study after a Bachelor's Degree.

Psychologists may teach, conduct research, perform psychological testing, or do consultation in a variety of settings including hospitals, social service agencies, businesses, industries, colleges, and universities. Applied psychology integrates theory, research, and practice to help people with close relationships, with decision-making, with death and dying, and with other issues. Applied psychology can also produce superior job performance in the human services, education, and many other fields.

Cabrillo offers options for degrees in Psychology. The first option listed below is the Associate in Arts in Psychology for Transfer (A.A.-T), which is intended for students who plan to complete a bachelor's degree in a similar major at a CSU campus. Students completing these degrees are guaranteed admission to the CSU system, but not to a particular campus or major. This degree may not be the best option for students intending to transfer to a particular CSU campus or to a university or college that is not part of the CSU system. See Associate Degree for Transfer Information in the Cabrillo College *Catalog*.

The following is required for all A.A.-T or A.S.-T degrees:

- Completion of 60 CSU-transferable semester units.
- Minimum grade-point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some majors may require a higher GPA.
- Completion of a minimum of *18 semester units in the major with a letter grade of "C" or better, or a "P" if the course is taken on a "pass/no pass" basis. *Note: this degree requires greater than 18 units in the major for completion.
- Certified completion of the California State University General Education-Breadth pattern (CSU GE Breadth) or the Intersegmental General Education Transfer Curriculum (IGETC) pattern.

The second option fulfills requirements for an A.A. Degree in Psychology at Cabrillo College.

Learning Outcomes

The Cabrillo College Core Competencies (with an emphasis in the study of Psychology):

1. Communication: Reading, Writing, Listening, Speaking, and/or Conversing
2. Critical Thinking and Information Competency: Analysis, Computation, Research, Problem Solving
3. Global Awareness: An appreciation of Scientific Processes, Global Systems and Civics, and Artistic Variety
4. Personal Responsibility and Professional Development: Self-Management and Self-Awareness, Social and Physical Wellness, Workplace Skills

To be assessed.

Completion of CSU or IGETC for CSU General Education Requirements

GE Units

37 - 39

Core Courses - Take one course each from:

General Psychology, Statistics, and Research Methods

Units

PSYCH 1	General Psychology	3
PSYCH 1H	Honors General Psychology	3
MATH 12	Elementary Statistics	5
MATH 12H	Honors Elementary Statistics	5
PSYCH 2A	Statistics for Behavioral Sciences	3
PSYCH 2B	Research Methods in Psychology	4

List A - Take Human Anatomy or Biology of People with Lab, General Biology or Intro. to Biological Psychology

Units

BIO 4	Human Anatomy	4
	or	
BIO 13A	Biology of People-Anatomy and Physiology	3
	and	
BIO 13AL	Biology of People-Anatomy & Physiology Lab	1
	or	
BIO 11A	General Biology	4
	or	
PSYCH 4	Introduction to Biological Psychology	3

List B - Select one course from the following:

Units

Any course not used from List A above

or

PSYCH 6	Introduction to Social Psychology	3
PSYCH 8	Introduction to Developmental Psychology	3
	or	
ECE 31	Child Growth and Development	3
PSYCH 12	Introduction to Cognitive Psychology	3

List C - Select one course from the following:

Units

Any course not used from Lists A or B above

or

PSYCH 26	Introduction to Personality Psychology	3
PSYCH 31	Introduction to Abnormal Psychology	3
PSYCH 33	Personal and Social Adjustment	3
PSYCH 35ABC	Death and Dying	3
PSYCH 39ABC	Relationships: Marriage and the Family	3
SOC 1	Introduction to Sociology: Understanding Society	3
SOC 1H	Honors Introduction to Sociology: Understanding Society	3
	or	

Any lower-division major preparation course articulated to the Similar Major at a CSU

Note: all courses in the major also meet general education requirements.

Total Units

60

PID 890