Learn Skills for Success in College!

Courses are open to all students and are recommended for students with learning and other disabilities who are eligible for Accessibility Support Center services.

**LS 200: Math Study Skills**
Section # 98810 (98809 for ASC students) Tues 12:40 – 2:00
Instructor: Pattie Tomnitz   Room LRC 1093   1.5 units
- Learn skills that help you to understand how to study math!
- Learn strategies for overcoming math challenges.
- Practice study strategies for math success!

**LS 200L: Reduced Test Anxiety Lab**
Section # 98812 (98811 for ASC students) Tues 2:10 – 4:15
Instructor: Pattie Tomnitz   Room LRC 1093   1 unit
- Learn to reduce your test anxiety.
- Strategies that help you improve test performance!

**LS 264: Study Skills**
Section # 98816 (98815 for ASC students)
Tues & Thurs   12:40 – 2:00   3 units
Instructor: Sheryl Kern-Jones   Room 431
- Discover what brain research tells us about studying.
- Practice strategies for memorizing material.
- Reduce test anxiety.
- Gain skills for studying math, reading textbooks.
- Work on time management & organization strategies.
- Set priorities to achieve your goals.
- Learn how to learn and do well in college!

**CG 51: Planning for Success**
Section # 98100 (99625 for ASC students) Wed 2:30 – 3:20   1 unit
Instructor: Peggy Church   Room 1606
- Learn tools for academic and life success, including: college expectations, resources, facilities, requirements, and educational planning

**CG 286: Transition to College**
Section # 98077 Tues 12:40 – 2:45   2 unit
Instructor: Beth McKinnon   Room 1606
- Addresses issues, concerns, and resources related to students with psychological disabilities as they affect career, vocational, academic and interpersonal situations occurring in college.