

CARE WORKSHOPS

Fall 2011

DATE	TIME	WORKSHOP	ROOM #
Oct 7	12-2 pm	Stress-Less Parenting Learn how to identify potential problems and develop skills to prevent them. Take out the guilt in being a single parent and put fun back in. Feel confident in your parenting approach.	833
Oct 21	11-1 pm	Four Year University Transfer Transfer can be a reality!! Learn about transfer requirements to the university. Former CARE students will be here to share their transfer experience. Don't miss it!	833
Nov 7	6-9 pm	First Generation to College Latina Panel Different Latina women from the community will share their experience on being the first in their family to go to college and become successful professionals. Come and get inspired!!	Watsonville Center 4380
Nov 18	12-2 pm	Time Management Learn why time management may be the most important part of single parenting. Look at where you are succeeding and where you need improvement plus much more!	833

Reminder: you must attend TWO workshops

Childcare not provided during workshops. Please make your own childcare arrangements in advance.