

Cabrillo Extension Course, Spring 2012

**“Memoir Writing:
Using the Journal to Explore Memories and Meaning”**

Saturday, May 5, 2012

9:30 am – 4 pm

Room: 403

RE: Materials for Course & Brown Bag Lunch

Dear Workshop Participant,

For this class, please bring a notebook or journal and writing implements such as favorite pens or pencils.

Additional materials and hand-outs will be provided by the instructor.

If you have any questions regarding materials, please e-mail or write to me at the contact information below.

Please bring a brown bag lunch to this class.

I look forward to seeing you soon.

Sincerely,

Lauren Mari-Navarro, LCSW

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