Characteristics of Successful Honors Students

- They take the Honors Program seriously
- They pursue 15 units or more of honors classes
- They see a Counselor regularly!
- They attend the Honors Events, participate in the Honors Club, are involved on campus (e.g. student government, other clubs that interest them) – Connected
- They participate in study groups
- They pay attention to e-mails sent from the Honors faculty and staff - and follow through about:
  - Dates and deadlines
  - Workshops
- They are at the door of their instructors and Honors Lead Faculty with questions
- They are willing to take risks and make mistakes
- They pay attention to their stress level and seek resources to help – exercise, yoga, meditation, fresh air!
Pitfalls to Avoid as an Honors Student

- Taking too many units per semester
- Thinking you *must* transfer in 2 years
- Thinking you can navigate transfer on your own – not seeing a Counselor
- Thinking you can navigate the university applications without benefit of the application and personal statement workshops
- Delaying taking your MATH classes!!!
- Taking on too much – need to cultivate Balance!