



Medical Benefits Committee

Minutes

Thursday, May 14, 2009

3:00 pm

Room 804A

Present: Pegi Ard, Debora Bone, Katie Dowling, Leah Hlavaty, Sue Holt, Cathleen Reno, Topsy Smalley, Stephanie Stainback, Sue Torres, Kathie Welch

Guests: Account manager, Maya Bendotoff

Absent: Cliff Nichols, Olivia Hand

I. Call to Order

Pegi opened the meeting at 3:05 pm. The committee introduced themselves.

II. Minutes

The committee approved the minutes of 4/24/08 (Bone/Smalley) with one abstention.

III. Pency Lee and Jackie Rech, Alliant

Pency reviewed detailed renewal options.

HealthNet	Low: 18.34%; High: 18.40%
Blue shield	Low: 5.02%; Med: 5.28%; High: 5.21%
Delta Dental	5%

SISC makes every effort to get the best renewal rates.

SISC Blue Shield PPO plan changes:

Well/Baby Child Preventative and Routine Preventative care and colorectal cancer screening now at 100%

Hospice now unlimited

Hearing aid now \$700 every 24 months

Acupuncture changed limit to 12 visits/calendar year

Physical/Occupational Therapy and Chiropractic now combined limits

Prescription plan changes:

Clarifin and Zyrtec OTC under brand copay

Step therapy for migraine, osteoporosis and intranasal agents

The HMO renewal increase trend has averaged 9-13%.

Stephanie commented that disconcerting that the year Cabrillo switched to SISC we got great renewal rates but have been significantly large since then. This year HealthNet's rate increased significantly.

If Cabrillo was to switch to Blue Shield HMO plans the rate increase is only 15.40% instead of 18.34%. Pency reviewed alternatives to the low HMO plan to create some savings. There are no alternatives for the high option plan but several for the low plan. Blue shield appears to be a valid option. Everyone would need to reenroll by the end of August.

It was agreed that any changes to the benefits package need to be negotiated.

The meeting was adjourned at 4:15 pm.