

Cabrillo College VAPA Courses Most Appropriate for Pre-College Students

...and FREE, too!

NEW! Pre-college students -- even those not yet in HS -- now receive a waiver of all enrollment fees for Cabrillo College courses, and they may register for up to 11 units without incurring tuition fees (some incidental registration fees still apply).

Here is a list of "gateway courses" most appropriate for pre-college enrollment in all seven VAPA disciplines at Cabrillo College, but pre-college students might consider other VAPA courses as well, provided they meet stated pre-requisites.

ART STUDIO

All Art Studio courses are open to HS Juniors and Seniors EXECPT the following:
ART 2B, 3A, 3B, 31A, 31B, 31C, 34A, 34B, and 35

The following Art Studio courses are especially recommended:

ART 2A - Drawing & Composition

ART 4 - Beginning Design: Design & Color

ART 5 - Beginning Design: 3-Dimensional Form

ART 7A - Ceramics - Hand Building

ART 8A - Small Scale Metal/Jewelry

(New courses in mural painting/public art and 3-D printing/laser cutting coming soon!)

ART PHOTOGRAPHY

AP 9A - Beginning Photography

AP 6 - Introduction to Digital Photography (also available online)

AP 46A - Digital Photography I

AP 14 – Introduction to Video Art

AP 25 – Photography & Visual Communication

AP 15 - History of Photography

AP 35 - Photography, New Media and Social Change (also available online)

AP 3 – The Art of Photography: An Overview

ART HISTORY & APPRECIATION

AH 10 - Appreciation/Introduction to the Visual Arts (also available online)

DIGITAL MEDIA

DM 1 - Introduction to Digital Media (also available online)

THEATRE ARTS

TA 9 - Appreciation of Theatre Arts

TA-7 - Introduction to Acting

TA10A - Basic Acting Technique

TA13A - Beginning Improvisation

TA17 - Introduction to Directing

TA11 - Voice and Diction

TECHNICAL THEATRE/DESIGN CLASSES

TA27 - Theatre Production Workshop (available this summer, in support of Cabrillo Stage)

TA33 - Makeup and Masks

TA28 - Backstage Theatre

TA31 - Introduction to Design in the Theatre

DANCE

DANCE 1 - Dance Appreciation (also available online)

DANCE 2A – Introduction to Dance (not offered FA 15)

DANCE 9A - Jazz Dance I

DANCE 4 - Contemporary Modern Dance I

DANCE 15A - Salsa Dance I

DANCE 17A - Latin Dance I (offered regularly at the Watsonville Center of Cabrillo College)

DANCE 19A - Hip Hop Dance I (also offered at the Watsonville Center of Cabrillo College)

DANCE 16A - Baile Folklorico: Regional Dances of Mexico I (offered regularly at the Watsonville Center of Cabrillo College)

MUSIC

MUS 5 - Beginning Jazz/Pop Music Theory

MUS 6 - Fundamentals of Music (also available online)

MUS 7 - Music Synthesis, Sampling, and Electronic Music

MUS 10 - Music Appreciation (also available online)

MUS 12 - World Music (also available online)

MUS 15A - Beginning Jazz and Popular Solo Voice

MUS 17A - Beginning Voice

MUS 18A – Beginning Band Instruments

MUS 18B – Intermediate Band Instruments

MUS 18CB – Intermediate Concert Band

MUS 19AA - Beginning Strings

MUS 27 - Popular guitar

MUS 28 - Popular Songwriting

MUS 31A - Fundamental Recording Techniques

MUS 33A - Classical Guitar I

MUS 39 - Westside Community Folk Song/Gospel Choir

MUS 51A - Class Piano I

MUS 52 - Percussion Ensemble

MUS 52LA – Latin American Drumming

The active *Course Outline of Record* for each of the above courses is available for public viewing at <http://www.curricunet.com/cabrillo/>. Under the "Search" menu on the left, choose "Course," then simply search by discipline in the pull down menu and enter the course number. Courses in RED are the current, active versions.

Concurrent Enrollment is good for all, especially high school students!

From the California Community College League:

A 2007 report described as “one of the most comprehensive to date” examined concurrent enrollment programs in Florida and New York City. This study found that students – especially male students, students from low-income families, and those who struggled academically in high school – benefit the most from concurrent enrollment. The findings* from this report and several other major studies indicate that, when they have access to concurrent enrollment classes, these students are:

- More likely to graduate from high school
- More likely to meet college readiness benchmarks

- More likely to transition to a four-year college (rather than a two-year college) and to do so shortly after high school graduation
- Less likely to take basic skills courses in college
- More likely to persist in postsecondary education
- More likely to accumulate more college credits than comparison students.

*References to the four major studies that form the basis for the success elements listed above:

Increasing Student Access and Success in Dual Enrollment Programs: 13 Model State-Level Policy Components. Jennifer Dounay Zinth. Education Commission of the States. February 2014.

Broadening the Benefits of Dual Enrollment: Reaching Underachieving and Underrepresented Students with Career-Focused Programs. Hughes, Katherine L., et.al. Community College Research Center, Teachers College Columbia. July 2012

Ramp-Up to college in California: A Statewide Strategy to Improve College Readiness and Comprehensive Dual Enrollment. Michael Kirst et al. WestEd, March 2009.

The Postsecondary Achievement of Participants in Dual Enrollment: An Analysis of Student Outcomes in Two States. Melinda Mechur Karp et al. National Research Center for Career and Technical Education, University of Minnesota. October 2007.