

The Cabrillo College Counseling program encourages the academic, personal, and career development of all students. The Counseling Department provides courses and workshops in college success, career planning, study skills, essay writing, general transfer requirements, education planning, probation and dismissal, and other topics as needed. Counselors help students with self-exploration, personal development, decision making, and career/life planning. Counselors assist students with transfer admission agreements with participating UC, CSU and private universities.

The counseling services available in the District's counseling program include the following:

- Academic counseling, in which the student is assisted in assessing, planning, and implementing his/her immediate and long-range academic goals;
- Workshops to assist students in developing an abbreviated Student Education Plan for one or two semesters, in order to begin taking classes toward the student's educational goal;
- Assistance in developing the Comprehensive Educational Plan, which identifies the student's Education goal and Course of Study, and details courses and requirements needed to complete them, and follow-up services for revision of the Education Plan as needed;
- Career counseling, in which the student is assisted in assessing his/her aptitudes, abilities, and interests, and is advised concerning the current and future employment trends;
- Personal counseling, in which the student is assisted with personal, family, or other social concerns, when that assistance is related to the student's education;
- Coordination with the counseling aspects of other services to students which exist on campus, including but not limited to those services provided in programs for students with special needs, skills testing programs, financial assistance programs, and job placement services;
- Instruction in a variety of topics that support a student's success in the college. These are offered through the Counseling and Guidance curriculum and they are taught by counseling faculty.
- Follow-up services in the form of workshops for students at risk of losing enrollment priority due to their academic or progress probation status, and other follow-up services designed to evaluate the academic progress of, and provide support services to, at risk students.

Confidentiality of Counseling Information: Information of a personal nature disclosed by a student 12 years of age or older in the process of receiving counseling from a counselor is confidential, and shall not become part of the student record without written consent of the person who disclosed the confidential information. However, the information shall be disclosed when permitted by applicable law, including but not limited to disclosure as necessary to report child abuse or neglect; reporting to the President/Superintendent or other persons when the counselor has reason to believe that disclosure is necessary to avert a clear and present danger to the health, safety, or welfare of the student or other persons within the college community;



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reporting information to the President or other persons as necessary when the student indicates that a crime involving the likelihood of personal injury or significant or substantial property losses will or has been committed; reporting information to one or more persons specified in a written waiver by the student.

Counseling shall be required for all non-exempt students and for the services delineated in the Student Success Act.

References: Education Code Sections 72620 and 72621; Title 5 Section 51018

Approved by Student Services Council May 15, 2013