

Accessibility Support Center Workshops

FREE FOR ALL CABRILLO STUDENTS

Free workshops sponsored by the ASC to give you tools for success in college
No RSVP required

Date	Topic	Description	Time	Location
Monday, 3/2/20	Finding Motivation	What to do when reaching your goals starts to feel out of reach	11am – 12pm	Watsonville Center, A180
Friday, 3/10/20	Test Anxiety	How to tap into peace when tests make you nervous	2pm – 3pm	Watsonville Center, A180
Thursday, 3/13/20	Time Management	Practical strategies for organizing your life	10am – 11am	Watsonville Center, A180