

Office hours: TTh 10:15-11:00am & MW 11:15-12:35pm, Room 433B.  
e-mail: my address is posted at: <http://babyface.cabrillo.edu/salsa/listing.jsp?staffId=425>  
My office phone: 479-6374

REQUIRED READING: Wade and Tavris (2008). *Psychology, ninth edition*.  
There are copies of the text on reserve at the Cabrillo College library.

**YOU ARE RESPONSIBLE FOR KNOWING ALL THE INFORMATION IN THIS SYLLABUS.**

*There is no on-campus orientation for this course.*

Psych 1 is an introduction to the science of behavior and mental processes. Psychology includes many topics; some of them may be familiar, others may be new to you. Some students believe psychology is just “common sense.” One of the things you will learn in this course is that psychology has more in common with physics, chemistry and biology than it does with art, literature or common sense.

The primary course objectives are:

1. describe major concepts in the field
2. describe modern research findings in the field
3. compare and contrast alternative explanations of behavior
4. evaluate evidence related to explanations of behavior
5. apply principles of psychology to everyday problems
6. describe the scientific method.

Accommodations are provided to ensure equal opportunity for students with verified disabilities. If you have a disability that requires accommodations for this class, please contact the Learning Skills Program at 479-6220 (for students with learning disabilities and attention deficit disorder) or Disabled Student Services at 479-6379, to make arrangements as soon as possible.

The website for this course is intended to be usable by disabled students using assistive devices for the blind or hearing impaired. To help Cabrillo College achieve this goal, please report any accessibility problems you may experience when using an assistive device. You can file a report at:

<http://www.cabrillo.edu/home/feedback/accessibilityform.html>

**There are three exams at the Aptos campus.**

**These exams are on Thursday nights at 6:30pm in Room 1091** (see schedule below).

**EXAMS**

You must take **four online exams** (see schedule). Each of these has 60 multiple-choice items and is worth 120 points. Each of these exams becomes accessible to you at *noon* of the first day scheduled (a Thursday) and must be finished before *noon* of the last day scheduled (a Sunday). Note: once you start taking an exam, there is a time limit for finishing it: you have two hours. Also, once you submit your answers to an online exam (using the “submit” button), you may not re-open that exam to change answers.

You may NOT take an online exam after the deadline. **There are no “makeups” for online exams.**

Your score for an exam, and a report showing which items you answered incorrectly, become available to you online after noon of the last day scheduled.

In addition to questions about the information in the textbook, the exams include questions about supplemental material posted on the course’s Blackboard website.

Note: You may ask questions about test topics the day before an online exam. However, I will not answer questions about test topics during the days an online exam is accessible.

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You also must take **two in-class midterms** on Thursday nights (see schedule below). Each of these has 80 multiple-choice items and is worth 160 points.

The **in-class comprehensive final exam** has 170 multiple-choice review items (340 points). *If you cannot take the Final Exam at the scheduled date and time, do not take this class.*

You are not allowed to use your book or any notes while you take in-class exams.

Bring a blue **Apperson** form for each in-class exam (not a green Scantron). I won't have any forms or pencils. If you do not turn in your exam on the proper form, in good condition, you lose 10 points.

Anyone caught cheating on an exam gets either a 0 on that exam or an F in the course, depending on the extent of the offense.

Each *in-class* exam has 10 extra credit items (= 20 points). These are the only extra credit points available in this course (3 x 20 = 60 points).

### **Makeups**

The online exams cannot be made-up. If you miss one of the *in-class* midterms, the only chance to do a "makeup" is the same day as the final exam. *You may not retake an exam that you have done already.* Because you have had additional time to study, makeup exams are more difficult than regular exams.

### **Why I make you come to Aptos**

The teaching and learning in this course occur online, and you have a large degree of flexibility in how you schedule these activities. Still, I require three trips to the main campus. Because testing is a highly effective technique for learning, I require three in-class exams. Researchers find that repeated testing causes long-term retention of information, so you will take online exams and then be tested again in-class on the same topics (with some different questions). The effectiveness of repeated testing also is why the final exam includes material from the entire course.

Roediger, H.L. & Karpicke, J.D. (2006). The power of testing memory: Basic research and implications for educational practice. *Perspectives on Psychological Science, 1*, 181-210.

Szpunar, K.K., McDermott, K.B. & Roediger, H.L. (2007). Expectation of a final cumulative test enhances long-term retention. *Memory & Cognition, 35*, 1007-1013.

### **ONLINE ACTIVITIES**

The website for this course includes practice tests and other material that supplements what is in the textbook.

You earn points by doing the practice test for each chapter. Each practice test gives you an excellent opportunity to identify the topics you need to study more. Each practice test has 20 questions and is worth 20 points. There are 12 of these tests, so you can earn a total of 240 points.

There also is a class bulletin board for questions and answers related to the readings. You earn 10 points each time you post a new question that is related to information in the textbook (and that is not simply restating someone else's question). You may submit up to 12 questions (for a total of 120 points). If you submit more than 12 questions, I will answer them but you do not score more points.

The only extra credit points available in this course are from *in-class* exams (20 points on each exam).

Of course, you may start reading *before* the dates listed here. The practice tests for each unit become accessible at the start of each unit (not week-by-week) and remain accessible for the rest of the semester.

(Note: sometimes a section of the textbook ends on the page following the last page I've assigned.)

DATE	TOPIC	READ
<b>UNIT ONE</b>		
Week 1 8-30	What is Psychology?	Chapter 1
Week 2 9-6	Research methods	Chapter 2
Week 3 9-13	Biological systems	Chapter 4
Between 9-17 noon & 9-20 noon	<b>Online Exam 1</b>	(Unit One ends 2-28)
<b>UNIT TWO</b>		
Week 4 9-20	Sensation/Perception	p. 189-209, 222-231
Week 5 9-27	Learning	Chapter 7
Week 6 10-4	Rhythms and Consciousness	p. 147-173
Between 10-8 noon & 10-11 noon	<b>Online Exam 2</b>	(Unit Two ends 3-21)
Week 7 <b>10-15</b>	<b>IN-CLASS MIDTERM 1</b>	<b>6:30pm, Room 1091</b>
<b>UNIT THREE</b>		
Week 8 10-18	Memory	Chapter 10
Week 9 10-25	Cognition and Intelligence	Chapter 9
Week 10 11-1	Theories of Personality	Chapter 13
Between 11-5 noon & 11-8 noon	<b>Online Exam 3</b>	(Unit Three ends 4-25)
<b>UNIT FOUR</b>		
Week 11 11-8	Mental Disorders	Chapter 16
Week 12 11-15	Treatments	Chapter 17
Week 13 11-22	Human Development	Chapter 14
Week 14 11-29	Development continued	“
Between 12-3 noon & 12-6 noon	<b>Online Exam 4</b>	(Unit Four ends 5-23)
Week 15 <b>12-10</b>	<b>IN-CLASS MIDTERM 2</b>	<b>6:30pm, Room 1091</b>
<b>12-17</b>	<b>IN-CLASS FINAL EXAM</b>	<b>6:30pm, Room 1091</b>

Online Exam 1 = 120

Online Exam 2 = 120

Online Exam 3 = 120

Online Exam 4 = 120

Midterm Exam 1 = 160

Midterm Exam 2 = 160

Final Exam = 340

Twelve practice tests (12 x 20) = 240

Questions about readings (12 x 10) = 120

Grades are based on your total number of points:

1350 = A

1200 = B

1050 = C

Total for Course = 1500 900 = D

**EXTRA CREDIT** Each *in-class* exam has 10 extra credit items (= 20 points). These are the only extra credit points available in this course (3 x 20 = 60 points).