A Technique for Successful Subgingival Calculus Removal

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Outline of A Technique for Successful Subgingival Calculus Removal

Review of
Periodontal Structures
Sulcus
Curet design

Technique
5 Steps to removal of subgingival calculus
“Zero Degree Insertion”: Place curet against the tooth, flatten the face against the tooth; go under the tissue
Insert curet in to the base of the sulcus/pocket; tease over deposits
Tip curet face away from the tooth surface to the proper angle of 45 to 90 degrees
Use exploratory stroke to get a clear mental picture of the calculus.
Review types of calculus – spicule @ line angle, ledge parallel to CEJ, or ring around buccal or lingual
Initiate work stroke. The movements are: tighten grasp, bear down on fulcrum, apply lateral pressure, activate working stroke. Do this zone by zone

Final step is to evaluate with explorer.