

**CJ 178 Public Safety Dispatch-Update**

0.5 – 1.5 units; 0.3 – 0.6 hours Lecture, 0.6 – 4 hours Laboratory

Prerequisite: 1. Commission on Peace Officer Standards and Training (POST) certified Basic Dispatch Academy diploma or equivalent as determined by the Dean of Academy Instruction. NOTE: Approval of equivalent training is not a guarantee that state regulatory or licensing agencies will also grant equivalency. 2. Prior to beginning this course, students must already be familiar with, and be able to demonstrate all of the skills listed below. These will not be taught in the course; they will be the starting point for advanced dispatcher training that builds upon them. These minimum knowledge and skill levels are regarding: Familiarity with Penal Code Book; Familiarity with Communication Technology; Knowledge of Telephone Procedures; Familiarity with Radio Protocol; Familiarity with Referral Services/Mutual Aid; Familiarity with Workplace Communication; Familiarity with Telecommunications; Familiarity with Professional Demeanor and Ethical Behavior; Knowledge of Missing Persons Procedures; and Knowledge of Domestic Violence Procedures.

Repeatability: May be taken a total of 1 time.

Provides necessary and required continuing professional training for public safety dispatchers as required by The Commission on Peace Officer Standards and Training (POST). Students will learn radio procedures, radio systems, telephone procedures, legal updates, and emergency dispatching techniques.

*Transfer Credit:* Non-transferable.

**CJ 190A-Z Special Topics in Criminal Justice**

0.5 – 12 units; 0.5 – 12 hours Lecture

Repeatability: May be taken a total of 1 time.

Selected topics in Criminal Justice not covered by regular catalog offerings. Each special topic course will be announced, described, and given its own title and letter designation in the Schedule of Classes. The structure and format of the classes will vary depending on the subject matter. Any particular special topics course may be taken a total of four times.

*Transfer Credit:* Non-transferable.

**CJ 190PTO Police Training Officer Basic Course**

1 unit; 1 hour Lecture

Prerequisite: Completion of Basic Police Academy and possession of a Basic POST Certificate.

Repeatability: May be taken a total of 1 time.

Provides the Police Training Officer with basic skills designed to train officers recently graduated from the Basic Police Academy.

*Transfer Credit:* Non-transferable.

**CULINARY ARTS AND HOSPITALITY MANAGEMENT****Human Arts and Social Sciences Division**

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<http://www.cabrillo.edu/programs>

**Culinary Arts, Hospitality Management A.S. Degree****Program Description**

Cabrillo College's Culinary Arts and Hospitality Management program offers prospective students a unique opportunity to gain hands-on practical experience in classes that operate a public restaurant called Pino Alto as well as a full-service wedding venue at the historic Sesnon House on campus. Culinary Arts majors receive training in food safety, management principles, baking techniques, and catering operations.

In addition to the hands-on core classes, students can further broaden their culinary education by taking elective classes in specific areas where they have interest. The program offers baking and pastry classes such as chocolate, cake decorating, and wedding cake design in addition to the basic and advanced baking classes. Students can pursue their interests in wine and the wine industry in classes focused on wines of global wine regions, wine production, and wine service. Student can further hone their culinary skills with in-depth culinary classes on subjects such as sauces, preservation, presentation, ethnic foods, and nutritional cooking. For students who would like to connect cooking and healthy living, the program offers classes in nutrition and nutritional health and wellness. Cabrillo's Culinary Arts and Hospitality Management Department offers a diverse and well-rounded set of educational paths that provides students with a range of options to fit their educational and career goals.

The Culinary Arts and Hospitality Management Department offers an Associates of Science Degree and a variety of certificates that allows students to meet their educational goals. Certificates are available that help students build their resume and skills as they work toward their ultimate goal, whether that be in their current work area, or a new career path. An Associates of Science Degree in Culinary Arts and Hospitality Management will help to qualify graduates for management level jobs in the future. Many of Cabrillo College's Culinary Arts and Hospitality Management classes transfer to other California university level schools should your path require a Bachelor or higher-level degrees.

Learn more about what Cabrillo College has to offer in the field of Culinary Arts by checking out the classes offered and more about Pino Alto and Sesnon House by visiting the culinary website at

<https://www.cabrillo.edu/academics/cahm/>

**Department of Labor Data:**

Total Restaurant Employees: 13 million—one of the largest private-sector employers. The restaurant industry employs an estimated 13 million people, or 9% of the U. S. workforce. The restaurant industry is expected to add 1.8 million jobs over the next decade, with employment reaching 14.8 million by 2019. One-quarter of eating and drinking place firms are owned by women, 15% by Asians, 8% by Hispanics, and 4% by African-Americans. Because we offer many other areas of study at Cabrillo, you can combine majors to reach your individual career goal. For example, you could combine photography and culinary arts and become a food stylist. Study chemistry along with culinary arts and go into food science. If you like to write, combine English or journalism with culinary arts and become a travel and food writer. If you dream of opening your own restaurant, bakery, or catering company, you can study business along with culinary arts.

**Career Opportunities**

Any dish that a trained culinarian creates can be a work of art in both taste and visual appeal. As a business, though, a graduate from Culinary Arts and Hospitality Management means employability. The California Restaurant Association ([www.calrest.org](http://www.calrest.org)) indicates that:

- California eating-and-drinking place sales are projected to rise
- In a recent survey, California’s new restaurants exceed 6,000; more than any other state in the nation for the same surveying period
- In recent years consumers spent more of the money at restaurants than they did at the supermarket
- The typical restaurant owner started the career ladder working as a dishwasher, busser, or cook. In fact, more than 9 out of 10 salaried restaurant employees started out as hourly employees
- The restaurant industry is the largest employer in California, providing over 950,000 jobs. The restaurant industry provides work for almost 7% of those employed in California.

**Learning Outcomes**

1. Demonstrate knowledge of fundamental cooking theory, food sanitation, menu design, management supervision, and food costing.
2. Produce consistent quality restaurant lunch and dinner dishes, banquet meals, and bakery products in a timely fashion.
3. Productively work as a team member.

**A.S. General Education**

**21 Units**

**Core Course (33 units)**

CAHM 10	Introduction to Hospitality Management .....	3
CAHM 50A	Introduction to Culinary Arts Basics.....	1
CAHM 50B	Introduction to Entree Preparation and Service	1
CAHM 50C	Introduction to Appetizers and Baking Preparation.....	1
CAHM 50L	Introduction to Culinary Arts Lab .....	2
CAHM 57	Catering and Beverage Operations.....	2
CAHM 60	Purchasing and Food Cost Control.....	2
CAHM 63	Food Service Management .....	2
CAHM 64	Sanitation and Hygiene.....	2
CAHM 151B	Advanced Culinary Arts.....	9
CAHM 155	Basic Baking and Pastry.....	3
CAHM 157L	Catering and Beverage Operation Lab .....	3
CAHM 99C	Career Work Experience Education .....	2

**Approved Electives (6 Units)**

**Units**

NUTR 20	Nutrition .....	3
NUTR 22	Nutrition, Health and Wellness.....	2
NUTR 120	Nutritional Cooking .....	3
CAHM 130	Beer, Sake, and Spirits .....	2
CAHM 149	Cake Decorating.....	1
CAHM 153	Garde Manger .....	2
CAHM 159	Chocolate.....	1
CAHM 165	Meat Cutting and Sausage Making.....	2
CAHM 167	Cultural and Ethnic Foods .....	2
CAHM 168	Advanced Baking and Pastry .....	3
CAHM 171	The Art of Creating Wedding Cakes.....	1
CAHM 172A	Wine and Wine Service .....	2
CAHM 172B	Sensory Evaluation of Wine Varietals.....	2
CAHM 174	World Wines .....	3
CAHM 175	History and Practice of Sauces .....	1 – 2
CAHM 176	Basic Winemaking .....	2
CAHM 177	Basic Wine Grape Viticulture.....	2
CAHM 178	Wine Marketing and Sales.....	2
CAHM 179	Wines of California.....	3
ACCT 151A	Introduction to Accounting: Bookkeeping Concepts .....	4
MATH 154	**Elementary Algebra.....	5

\*Or higher level math class.

**Total Units**

**60**



## Culinary Arts, Hospitality Management Certificate of Achievement

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In addition to the hands-on core classes, students can further broaden their culinary education by taking elective classes in specific areas where they have interest. The program offers baking and pastry classes such as chocolate, cake decorating, and wedding cake design in addition to the basic and advanced baking classes. Students can pursue their interests in wine and the wine industry in classes focused on wines of global wine regions, wine production, and wine service. Students can further hone their culinary skills with in-depth culinary classes on subjects such as sauces, preservation, presentation, ethnic foods, and nutritional cooking. For students who would like to connect cooking and healthy living, the program offers classes in nutrition and nutritional health and wellness. Cabrillo's Culinary Arts and Hospitality Management Department offers a diverse and well-rounded set of educational paths that provides students with a range of options to fit their educational and career goals.

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<https://www.cabrillo.edu/academics/cahm/>

### Learning Outcomes

1. Demonstrate knowledge of fundamental food preparation theory, sanitation practices, menu design, management theory, and food costing.
2. Produce consistent quality restaurant lunch and dinner dishes, banquet meals, and bakery products in a timely fashion.
3. Demonstrate professionalism as required in the hospitality industry.

### Core Course (33 units)

	Units
CAHM 10	Introduction to Hospitality Management .....3
CAHM 50A	Introduction to Culinary Arts Basics.....1
CAHM 50B	Introduction to Entree Preparation and Service .1
CAHM 50C	Introduction to Appetizers and Baking Preparation.....1
CAHM 50L	Introduction to Culinary Arts Lab .....2
CAHM 57	Catering and Beverage Operations .....2
CAHM 60	Purchasing and Food Cost Control .....2
CAHM 63	Food Service Management .....2
CAHM 64	Sanitation and Hygiene.....2
CAHM 151B	Advanced Culinary Arts.....9

CAHM 155	Basic Baking and Pastry.....3
CAHM 157L	Catering and Beverage Operation Lab .....3
CAHM 99C	Career Work Experience Education .....2

### Other Required Courses

ENGL 100	Elements of Writing.....3
or	
ESL 100	High Advanced Academic ESL .....4-6
or	
ENGL 1A/1AH/1AMC/1AMCH/ESL 1A.....3	
or	
CABT 157	Business and Technical Writing .....3

### Total Units

**36-39**

## Culinary Arts Kitchen Skills Certificate of Completion

### Learning Outcomes

1. Demonstrate and apply basic cooking, knife, and equipment skills, and sanitation procedures as they apply to an entry-level position in a professional kitchen.

### Required Courses

CAHM 405A	Basic Knife Skills and Sanitation.....8 hours
CAHM 405B	Basic Kitchen Skills .....8 hours

### Total Hours

**16 hours**

## Culinary Arts–Entry Level Catering Skills Certificate

This Certificate is designed to prepare students for employment as entry level banquet cooks, banquet servers, and event coordinators. Successful completion of these courses will provide employers with workers who are adept in quantity food preparation, buffet food productions, and banquet service. Certificates are stepping stones that build toward Associate Degrees in Culinary Arts and Hospitality Management Career Opportunities in Culinary Arts, Hospitality Management: Banquet cook, party planner, event coordinator, banquet server, bartender, quantity food production cook.

### Learning Outcomes

1. Demonstrate knowledge of fundamental catering theory, sanitation practices, food costing, menu design, and customer relations.
2. Demonstrate management skills with co-workers and customers.
3. Produce and deliver banquet meals in a timely fashion.
4. Demonstrate professionalism as required in the hospitality industry.

### Required Courses

	Units
CAHM 50A	Introduction to Culinary Arts Basics.....1
CAHM 50B	Introduction to Entree Preparation and Service .1
CAHM 50C	Introduction to Appetizers and Baking Preparation.....1
CAHM 50L	Introduction to Culinary Arts Lab .....2
CAHM 57	Catering and Beverage Operations .....2
CAHM 60	Purchasing and Food Cost Control.....2
CAHM 64	Sanitation and Hygiene.....2
CAHM 153	Garde Manger .....2
CAHM 157L	Catering and Beverage Operation Lab .....3 -5

### Total Units

**16-19**

*This Skills Certificate is being converted to a Certificate of Achievement for the 20-21 catalog. The courses listed above reflect the requirements for the pending Certificate of Achievement.*

## Culinary Arts - Entry Level Cook Skills Certificate

### Learning Outcomes

1. Demonstrate knowledge of fundamental cooking theory, sanitation practices, food costing, menu design, and customer relations.
2. Produce consistent quality restaurant lunch and dinner products in a timely fashion.
3. Demonstrate professionalism as required in the hospitality industry.

### Required Courses

	<b>Units</b>
CAHM 50A	Introduction to Culinary Arts Basics..... 1
CAHM 50B	Introduction to Entree Preparation and Service. 1
CAHM 50C	Introduction to Appetizers and Baking Preparation..... 1
CAHM 50L	Introduction to Culinary Arts Lab ..... 2
CAHM 64	Sanitation and Hygiene..... 2
CAHM 151B	Advanced Culinary Arts..... 9

### Total Units

**16**

*This Skills Certificate is being converted to a Certificate of Achievement for the 20-21 catalog. The courses listed above reflect the requirements for the pending Certificate of Achievement.*

## Entry Level Baking Skills Certificate

The entry level baking certificate will provide the student with a solid foundation of baking skills necessary for entry level work in bakeries and pastry kitchens. The program covers basic and advanced baking techniques, bread making, chocolates, cake decorating, cooking and sanitation. Career opportunities include: baker, pastry chef, bread baker, cake decorator, chocolate production.

### Learning Outcomes

1. Demonstrate knowledge of fundamental cooking theory, food sanitation, menu design, and food costing.
2. Produce consistent bakery products in a timely fashion.
3. Perform basic cake decorating techniques.
4. Productively work as a team member.

### Required Course

	<b>Units</b>
CAHM 50A	Introduction to Culinary Arts Basics..... 1
CAHM 50B	Introduction to Entree Preparation and Service. 1
CAHM 50C	Introduction to Appetizers and Baking Preparation..... 1
CAHM 50L	Introduction to Culinary Arts Lab ..... 2
CAHM 64	Sanitation and Hygiene..... 2
CAHM 149	Cake Decorating..... 1
CAHM 155	Basic Baking and Pastry..... 3
CAHM 159	Chocolate ..... 1
CAHM 168	Advanced Baking and Pastry ..... 3
CAHM 171	The Art of Creating Wedding Cakes ..... 1

### Total Units

**16**

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## Functional Nutrition Certificate of Achievement

This certificate covers aspects of culinary arts, nutrition, and business principles as they apply to nutritional health and wellbeing, using an entrepreneurial model.

Career Opportunities in Culinary Arts, Hospitality Management: personal chef, culinary health specialist, health food industry worker, Certified Nursing Assistants, Licensed Vocational Nurses, in-home care givers, personal trainers, nutritional planners, child care providers.

### Learning Outcomes

1. Utilize culinary, nutrition, and business principles to meal plan, cost, and prepare food for health and wellness.

### Required Courses

	<b>Units</b>
BUS 20	Introduction to Business..... 3
CAHM 50A	Introduction to Culinary Arts Basics..... 1
CAHM 50B	Introduction to Entree Preparation & Service ..... 1
CAHM 50C	Introduction to Appetizers and Baking Preparation..... 1
CAHM 64	Sanitation and Hygiene..... 2
NUTR 20	Nutrition ..... 3
NUTR 22	Nutrition, Health, and Wellness..... 2
NUTR 120	Nutritional Cooking ..... 3

### Total Units

**16**

## Wine and Wine Service Skills Certificate

The Wine and Wine Service Certificate of Achievement is designed to recognize proficiency in basic wine knowledge, wine service, and wine sales. Skills acquired include basic knowledge of grape production, wine making, wine varietals, wine service and sales. Successful completion of this certificate would provide employers with workers that are well-versed in most topics of wine, and the wine business. Wine service personnel would expect to see wage increases because of enhanced training in wine table service, skills in the up-selling of wine, fault detection, and general wine knowledge. Career Opportunities in Culinary Arts, Hospitality Management Restaurant servers, fine dining establishment servers, banquet servers, preparation for higher level wine certification such as Certified Sommelier, wine servers will see wage increases due to enhanced knowledge.

### Learning Outcomes

1. Demonstrate knowledge of viticulture, viniculture, wine faults, world wines, and wine varietals.

### Required Courses

	<b>Units</b>
CAHM 133	Wine Faults ..... 2
CAHM 172A	Wine and Wine Service ..... 2
CAHM 172B	Sensory Evaluation of Wine Varietals..... 2
CAHM 174	World Wines ..... 3
CAHM 176	Basic Winemaking ..... 2
CAHM 177	Basic Wine Grape Viticulture..... 2
CAHM 178	Wine Marketing and Sales..... 2
CAHM 179	Wines of California..... 3

### Total Units

**18**

*This Skills Certificate is being converted to a Certificate of Achievement for the 20-21 catalog. The courses listed above reflect the requirements for the pending Certificate of Achievement.*

## Wine Tasting Room Management Skills Certificate

The Wine Tasting Room Management Certificate is designed to recognize proficiency in wine and wine service in the tasting room. Skills acquired will include basic wine service skills, sales, marketing, promotional techniques and customer service. The wines of California will be emphasized as well as basic enology and detection of wine faults. Career Opportunities in Culinary Arts, Hospitality Management: Tasting room manager, tasting room employee, wine club sales manager and assistant manager, special events manager, improved income of current tasting room workers.

### Learning Outcomes

1. Demonstrate knowledge of fundamental tasting room accounting, sales, marketing, promotion, and wine handling skills.
2. Demonstrate knowledge of enology, wine faults, California wine and wine varietals.

Required Courses	Units
CAHM 133	Wine Faults .....2
CAHM 135	Basic Wine Tasting Room Management .....2
CAHM 172A	Wine and Wine Service .....2
CAHM 172B	Sensory Evaluation of Wine Varietals .....2
CAHM 176	Basic Winemaking .....2
CAHM 178	Wine Marketing and Sales .....2
CAHM 179	Wines of California .....3
COMM 10	Communication Process .....3
or	
COMM 7	Interpersonal Communication .....3
or	
BUS 88	Starting and Operating a New Small Business ...3

**Total Units** **18**

*This Skills Certificate is being converted to a Certificate of Achievement for the 20-21 catalog. The courses listed above reflect the requirements for the pending Certificate of Achievement.*

## World Wines Skills Certificate

This certificate is designed for proficiency in world wine knowledge with an emphasis on the three major world production regions. Basic wine and wine service is introduced, then more in-depth information is covered in world wine production, laws and varietals through lecture and sensory evaluation. Italy, France and Spain are the main focus, however, other world regions, both Old World and New World are explored. The certificate is an asset for the following: Improves wine sales for restaurant servers which increases income, improves skills for cooks and chefs in pairing wine with food, wine workers (sommeliers), wine sales personnel (wholesalers), wine retailers.

### Learning Outcomes

1. Assess world wines for their olfactory and flavor notes relative to specific growing regions as well as the geopolitical aspects of the region.
2. Identify world wine growing regions, varietals, labels, laws terroir, and wine production techniques.

Required Courses	Units
CAHM 132	Spanish Wines .....2
CAHM 134	Italian Wines .....3
CAHM 136	French Wines .....3
CAHM 140	Champagne and French Sparkling Wine .....2
CAHM 172A	Wine and Wine Service .....2
CAHM 172B	Sensory Evaluation of Wine Varietals .....2
CAHM 174	World Wines .....3

**Total Units** **17**

*This Skills Certificate is being converted to a Certificate of Achievement for the 20-21 catalog. The courses listed above reflect the requirements for the pending Certificate of Achievement.*

## Culinary Arts and Hospitality Management Courses

### NUTR 20 Nutrition

3 units; 3 hours Lecture

Repeatability: May be taken a total of 1 time.

Examines essential nutrients and how they affect our health throughout life emphasizing and evaluating current developments in nutrition. May be offered in a Distance-Learning Format.

Transfer Credit: Transfers to CSU; UC. C-ID: NUTR 110

### NUTR 22 Nutrition, Health and Wellness

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Examines current trends in nutrition to promote wellness and treat nutrition-related diseases and conditions. May be offered in a Distance-Learning Format.

Transfer Credit: Transfers to CSU.

### NUTR 120 Nutritional Cooking

3 units; 2 hours Lecture, 3 hours Laboratory

Repeatability: May be taken a total of 1 time.

Introduces the principles of menu planning for health and disease prevention. Explores the practical application of using food as medicine. Material fees apply.

Transfer Credit: Non-transferable.

**CAHM 10 Introduction to Hospitality Management**

3 units; 3 hours Lecture

Repeatability: May be taken a total of 1 time.

Introduces the hospitality industry on a global scale: travel and tourism, lodging, foodservice, meetings, conventions and expositions, leisure, and recreation. Marketing, human resources, leadership, and management are discussed in the context of hospitality management. Focus on orientation to customer service, industry trends, and career opportunities.

*Transfer Credit:* Transfers to CSU.

**CAHM 50A Introduction to Culinary Arts Basics**

1 unit; 1 hour Lecture

Repeatability: May be taken a total of 1 time.

Explores kitchen safety and sanitation, nutrition, menu planning, food costing, principles of cooking, knife skills, tools and equipment, and techniques for making stocks, sauces, and soups via lecture-based instruction.

*Transfer Credit:* Transfers to CSU.

**CAHM 50B Introduction to Entree Preparation and Service**

1 unit; 1 hour Lecture

Repeatability: May be taken a total of 1 time.

Introduces the principles of restaurant organization; purchasing, storage, cutting, and cooking methods for meat, poultry, fish, shellfish, and vegetarian entrees via lecture-based instruction.

*Transfer Credit:* Transfers to CSU.

**CAHM 50C Introduction to Appetizers and Baking Preparation**

1 unit; 1 hour Lecture

Repeatability: May be taken a total of 1 time.

Introduces the principles of baking breads, cakes, custards, pies; preparation of fruits, vegetables, starches; and hors d'oeuvre preparation via lecture-based instruction.

*Transfer Credit:* Transfers to CSU.

**CAHM 50L Introduction to Culinary Arts Lab**

2 units; 6 hours Laboratory

Hybrid Requisite: Completion of or concurrent enrollment in CAHM 50A and CAHM 50B and CAHM 50C.

Repeatability: May be taken a total of 1 time.

Explores a practical application of basic food preparation, service, costing, sanitation, menu planning, and purchasing via laboratory-based instruction.

*Transfer Credit:* Transfers to CSU.

**CAHM 57 Catering and Beverage Operations**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Examines menu planning, costing, beverage management, public relations, hospitality service, and business strategies involved in catering.

*Transfer Credit:* Transfers to CSU.

**CAHM 60 Purchasing and Food Cost Control**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Teaches guidelines for developing food, beverage, and labor cost controls, including theories and procedures related to food storage, portioning, designing menu formulas, costing and pricing, labor and yield calculations, sales forecasting, and basic financial statements.

*Transfer Credit:* Transfers to CSU.

**CAHM 63 Food Service Management**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Examines the theoretical and practical approaches to supervision and management for the prospective food service manager.

*Transfer Credit:* Transfers to CSU.

**CAHM 64 Sanitation and Hygiene**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Examines and evaluates all phases of food sanitation, public health laws, and special problems in hotel and restaurant sanitation.

*Transfer Credit:* Transfers to CSU.

**CAHM 130 Beer, Sake, and Spirits**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Provides a detailed examination of beer, sake and spirits through lectures and tastings including laws, production methods, and sensory evaluations. Must be 21 years of age to enroll. Material fees may apply. May be offered in a Distance-Learning Format.

*Transfer Credit:* Non-transferable.

**CAHM 132 Spanish Wines**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Presents a detailed examination of Spanish wines through lectures and tastings, including grape varietals, viticulture, wine laws and sensory evaluation. Must be at least 21 years old. Material fees apply. May be offered in a Distance-Learning Format.

*Transfer Credit:* Non-transferable.

**CAHM 133 Wine Faults**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Explores common faults and problems found in wine through sensory evaluation and discussion, including causes for occurrence. Must be at least 21 years old. Material fees apply. May be offered in a Distance Learning Format.

*Transfer Credit:* Non-transferable.

**CAHM 134 Italian Wines**

3 units; 3 hours Lecture

Repeatability: May be taken a total of 1 time.

Presents a detailed examination of Italian wines through lectures and tastings, including grape varietals, viticulture, wine laws, and sensory evaluation. Must be at least 21 years old. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 135 Basic Wine Tasting Room Management**

2 units; 2 hours Lecture

Eligibility for MATH 154.

Repeatability: May be taken a total of 1 time.

Provides tasting room staff training on inventory management, sales, staff member duties, and customer interaction.

*Transfer Credit:* Non-transferable.

**CAHM 136 French Wines**

3 units; 3 hours Lecture

Repeatability: May be taken a total of 1 time.

Presents a detailed examination of French wines through lectures and tastings, including grape varietals, viniculture, wine laws, and sensory evaluation. Must be at least 21 years old. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 137 Food and Wine Pairing I**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Provides basic food and wine pairing concepts and techniques through lecture and demonstration. Basic culinary concepts and wine components will be addressed. Must be at least 21 years old. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 138 Food and Wine Pairing II**

2 units; 1 hour Lecture, 3 hours Laboratory

Prerequisite: CAHM 137.

Repeatability: May be taken a total of 1 time.

Provides a detailed examination of food and wine pairing techniques including producing food in a practical setting that pairs correctly with wine. Must be at least 21 years old. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 140 Champagne and French Sparkling Wine**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Presents a detailed examination of champagne and French sparkling wine through lectures and tastings, including grape varietals, viniculture, wine laws, and sensory evaluation. Must be at least 21 years old. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 149 Cake Decorating**

1 unit; 0.5 hour Lecture, 1.5 hours Laboratory

Repeatability: May be taken a total of 1 time.

Introduces cake decorating techniques including filling and icing cakes, pastry bag work in borders, rolled fondant, string work, writing, and flowers. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 151B Advanced Culinary Arts**

9 units; 3 hours Lecture, 18 hours Laboratory

Prerequisite: CAHM 50A and CAHM 50B and CAHM 50C and CAHM 50L or equivalent experience.

Repeatability: May be taken a total of 1 time.

Provides opportunities to create and plan menus, research and develop prep formulas, and explore a la carte, ethnic food, garde manger, and specialty baking.

*Transfer Credit:* Non-transferable.

**CAHM 153 Garde Manger**

2 units; 1 hour Lecture, 3 hours Laboratory

Repeatability: May be taken a total of 1 time.

Teaches the art of cold food presentation, production of pates, galantines, and mousselines with emphasis on buffets and platters. Pays special attention to color, texture, and balance of food. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 155 Basic Baking and Pastry**

3 units; 2 hours Lecture, 3 hours Laboratory

Repeatability: May be taken a total of 1 time.

Introduces equipment, skills, and procedures in commercial bakeries, including hands-on production of pastries and specialty items. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 156AZ Special Topics in Culinary Arts and Hospitality Management**

0.5 – 3 units; 0.5 – 3 hours Lecture or 1.5 – 9 hours Laboratory

Repeatability: May be taken a total of 1 time.

Offers a series of courses designed to investigate special areas of interest in culinary arts, including service, food production, computer use, and culinary specialties. Course content will vary with each offering as will Prerequisites.

*Transfer Credit:* Non-transferable.

**CAHM 157L Catering and Beverage Operation Lab**

2.5 – 5 units; 7.5 – 15 hours Laboratory

Prerequisite: CAHM 50L.

Repeatability: May be taken a total of 1 time.

Provides practical application of catering techniques including menu planning, costing, hospitality service, and buffet presentation.

*Transfer Credit:* Non-transferable.

**CAHM 159 Chocolate**

1 unit; 0.5 hour Lecture, 1.5 hours Laboratory

Repeatability: May be taken a total of 1 time.

Studies the history and manufacturing of chocolate as well as the practical uses and techniques in working with dark, white, and milk chocolate. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 159AC Artisan Confections**

2 units; 1 hour Lecture, 3 hours Laboratory

Repeatability: May be taken a total of 1 time.

Introduces confectionery formulas, theory, and techniques including chocolate work, noncrystalline sugar, crystalline sugar, jellies, and aerated confections. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 165 Meat Cutting and Sausage Making**

2 units; 1 hour Lecture, 3 hours Laboratory

Repeatability: May be taken a total of 1 time.

Studies meat and fish butchering in the food service industry, emphasizing meat grading, commercial and retail meat identification and structure, techniques of boning beef, lamb, pork, chicken, and fish; demonstrations of cooking methods including smoking and sausage making. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 167 Cultural and Ethnic Foods**

2 units; 1 hour Lecture, 3 hours Laboratory

Repeatability: May be taken a total of 1 time.

Introduces a variety of ethnic foods which could include Middle Eastern, African, European, or Southeast Asian, emphasizing how to prepare and incorporate ethnic foods into a restaurant setting. May focus on specific cuisine areas. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 168 Advanced Baking and Pastry**

3 units; 2 hours Lecture, 3 hours Laboratory

Prerequisite: CAHM 155.

Repeatability: May be taken a total of 1 time.

Examines advanced application of principles and practical techniques of yeast doughs, puff pastry, cookies, tarts, cakes, frozen desserts, plate presentation, and cake decorating. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 171 The Art of Creating Wedding Cakes**

1 unit; 0.5 hour Lecture, 1.5 hours Laboratory

Repeatability: May be taken a total of 1 time.

Explores the creation of wedding cakes including principles of mixing, baking, filling, frosting, and decorating. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 172A Wine and Wine Service**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Provides an overview of basic wine concepts including wine history, viticulture, tasting procedures, food pairing, wine menus, marketing, purchasing, and table service. Must be at least 21 years old to enroll. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 172B Sensory Evaluation of Wine Varietals**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Provides a comparative sensory evaluation of wine varietals, focusing on the terroir effect on various wines. Must be at least 21 years of age. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 174 World Wines**

3 units; 3 hours Lecture

Recommended Preparation: CAHM 172A and CAHM 172B.

Repeatability: May be taken a total of 1 time.

Explores differences in viticulture, wine laws, grape varietals, and sensory perception of wine based on the terroir influences of various regions in major world wine producing countries. Must be at least 21 years of age to enroll. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 175 History and Practice of Sauces**

1 – 2 units; 0.5 – 1 hours Lecture, 1.5 – 3 hours Laboratory

Repeatability: May be taken a total of 1 time.

Presents the history and techniques of sauce making around the world. Material fees may apply.

*Transfer Credit:* Non-transferable.

**CAHM 176 Basic Winemaking**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Introduces the science of wine making, including viticulture, production, harvest, cellar practices, fermentation, aging, blending, and bottling. Material fees apply. Must be at least 21 years old to enroll.

*Transfer Credit:* Non-transferable.

**CAHM 177 Basic Wine Grape Viticulture**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Explores wine grape growing practices including history, vine and grape types, vine life cycle, vineyard management, pests, and diseases. Material fees apply. Must be at least 21 years old to enroll.

*Transfer Credit:* Non-transferable.

**CAHM 178 Wine Marketing and Sales**

2 units; 2 hours Lecture

Repeatability: May be taken a total of 1 time.

Presents wine marketing and sales methods including packaging, promotion, and getting the product to the consumer.

*Transfer Credit:* Non-transferable.



**CAHM 179 Wines of California**

3 units; 3 hours Lecture

Repeatability: May be taken a total of 1 time.

Introduces wines of California, including history, viticultural practices, wine making styles, and sensory evaluation of representative wines from specific important regions. Must be at least 21 years of age to enroll. Material fees apply.

*Transfer Credit:* Non-transferable.

**CAHM 405A Basic Knife Skills and Sanitation**

0 units; 8 hours Laboratory

Repeatability: May be repeated.

Introduces fundamental knife skills used in a professional kitchen, sanitation, and food safety practices.

*Transfer Credit:* Non-transferable.

**CAHM 405B Basic Kitchen Skills**

0 units; 8 hours Laboratory

Repeatability: May be repeated.

Introduces equipment, cooking skills, and basic kitchen terminology used in a professional kitchen.

*Transfer Credit:* Non-transferable.

**DANCE****Visual, Applied, and Performing Arts Division**

John Grauly, Division Dean

Division Office, Room VAPA1007

David King, Department Chair, (831) 479-5027

Aptos Counseling: (831) 479-6274 for appointment

Watsonville Counseling: (831) 786-4734

Call (831) 479-6464 for more information

<http://www.cabrillo.edu/programs>

**Dance A.A. Degree**

The Dance Program offers beginning and intermediate movement courses with a focus on dance as a Performing Art, and Dance Studies, emphasizing dance as an academic discipline that values the movement philosophies of many cultures. In addition to studying movement techniques, students learn about dance's social functions in other areas, including education, health, cultural studies, art, history, and the science of human movement. In addition to studying movement techniques, students learn about dance's social functions in other areas, including education, health, cultural studies, art, history, and the science of human movement. Dance at Cabrillo is dedicated to fostering development of the "whole" dancer, nurturing the mind, body, and spirit together. Bachelor's and graduate degrees in dance and related fields provide multiple career opportunities in the public and private sectors. Many four-year colleges and universities offer emphases in areas such as dance performance, modern dance, ballet, choreography, musical theater, dance education, dance therapy, somatics, dance ethnology, dance history, and criticism. Specialties are also offered in arts administration, physical therapy for dancers, dance for children, seniors, and special education. The full course of study includes pre-professional training in dance techniques, performance, choreography, dances of the world, and somatic education.

Dance activity courses may be used to meet general education Area E, Lifelong Understanding and Self-Development for Cabrillo's non-transferable Associate degrees, when combined with other non-activity Area E units from the CG or ECE departments.

**Learning Outcomes**

1. Perform dances in a variety of cultural contexts including stage, community spaces and media. (Performing)
2. Build strength and resilience by dancing, using feedback and self-assessment to improve technical skill, movement efficiency, and artistic ability. (Connecting)
3. Understand and implement collaboration in dance-making practices by leading groups and engaging creatively to problem-solve issues tied to arts and social activism. (Creating)
4. Appreciate cultural difference and value the diversity of dance practices that have been used to address social issues. (Responding)

**Model Program for Dance**

An Associate Degree requires 60 units appropriate to your educational goal, to include general education and at least 18 units in a major. Courses should be selected to meet the lower-division major preparation requirements at your intended transfer university - these specific course requirements can be found at [www.assist.org](http://www.assist.org) for 4-year public institutions in California. Please see a counselor for advisement to ensure you are taking the best possible courses given your goal.