How do students start a NAMI on Campus club?

The first step is to complete the online NAMI on Campus interest form. Once that is done, NAMI will review the form and provide the student with the NAMI on Campus Startup Packet, with everything needed to start the club. We are here to help students and those working with them every step of the way.

To learn more about NAMI on Campus and to fill out the interest form, please visit www.nami.org/namioncampus or contact us at namioncampus@nami.org.

Who is NAMI?

NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental health conditions. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raising awareness and building a community of hope for all those in need.
Why start a NAMI on Campus club?

One in four college students lives with a mental health condition and more and more young adults with these conditions are attending college. Stigma is a barrier standing in the way of many students seeking help. Suicide is a major concern on college campuses.

NAMI on Campus clubs work to end stigma, to make it ok for students to seek help and to make campuses a more welcoming place for everyone.

Students recognize the tremendous need for peer-run, student mental health clubs to create a positive, supportive environment for all students. They create clubs to make that happen. An added bonus, club leaders have the potential to be the next generation of NAMI leaders.

How is NAMI on Campus different?

NAMI on Campus clubs offer students and the entire campus community connection to the broader mental health movement:

- Clubs become part of the nation’s largest grassroots mental health organization.
- Students receive exclusive access to resources and networking opportunities at the national level.
- NAMI State Organizations and NAMI Affiliates offer clubs connection to local resources, programs and support.
- NAMI is a national organization that will continue to be there for students, their peers and families when they need it over their lifetime.

What is NAMI on Campus?

Student-led clubs that tackle mental health issues on campus by:

- Raising mental health awareness.
- Educating the campus community.
- Promoting campus resources.
- Advocating for services and supports.

Clubs are open to all students, whether they live with a mental health condition, are a family member or friend or just plain have an interest in mental health.

Club leaders have access to exclusive online materials and to the staff, resources, opportunities and support that come with joining the NAMI national movement.

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